

Celebrity News: Rachel Lindsay Says She's Surprised 'Bachelorette' Hannah Brown was 'So Bold' About Sex

By [Mara Miller](#)

In the latest [celebrity news](#), Rachel Lindsay said she's surprised *Bachelorette* Hannah Brown was "so bold" about sex after she admitted she slept with a contestant in a windmill on a [celebrity date](#), according to *UsMagazine.com*. "I'm gonna assume that they're alluding to what happened in the fantasy suite. I mean, I was surprised she was so bold and forthcoming with it," Lindsay told Micheal Strahan and guest co-host KeKe Palmer on ABC'S *Strahan and Sarah* on Tuesday, July 9. "But I mean, she owns it, so more power to her."

In celebrity news, Rachel Lindsay is surprised that Hannah Brown was so bold and open about having sex on *The Bachelorette*. What are some positives to being open about intimacy?

Cupid's Advice:

There are some benefits to being open about intimacy with someone who has the potential to become your partner. Here are Cupid's tips on positives to being open about intimacy:

1. Earn respect: Whether you're being open about honesty to

earn respect or because you want to gauge how much your potential partner will respect your views on intimacy, being open about your sex life can tell you a lot about someone by the way they react to the conversation. This can be the difference between finding your life partner or just another online date who will ghost you in after a few dates because you wouldn't sleep with them.

Related Link: [Celebrity News: Jed's Mom Tells Hannah He's Not Ready to Get Engaged On 'The Bachelorette'](#)

2. Get what you want: Being open about intimacy will ensure your partner or potential partner know what you expect. You need to have a conversation before you're intimate with them. What do you do if birth control fails? What if they want to do something weird you *don't* want to try in bed? Are you worried about sexually transmitted infections? Would it make you feel better if you're both tested before you take the next step to play it on the safe side? The only way you will be able to communicate any of this is to be open about intimacy.

Related Link: [Celebrity News: 'Bachelorette' Hannah Brown Admits to Intimate Relations in a Windmill](#)

3 Self-confidence: Confidence is sexy. Just don't confuse it with being cocky, which can bring an opposite reaction than what you might expect when you're confident. Being open about sex will give you a sense of confidence you haven't experienced before. You know you're sexy and you know what you want from your partner. Don't dance around the subject: own it.

Are there any other positives to being open about intimacy we missed? Let us know in the comments below!