

Celebrity News: 'Bachelorette' Hannah Brown Admits to Intimate Relations in a Windmill

By [Bonnie Griffin](#)

In the latest [celebrity news](#), [Bachelorette](#) Hannah Brown admitted to sleeping with a contestant in a windmill while on a date with Luke Parker in one of the promos for a future episode of the reality TV show. According to *UsMagazine.com*, Brown was not pleased with Parker's remarks in regards to her sleeping with guys on the show, saying to him, "My husband would never say what you've said to me." Brown admits to having some fun on the show, and she does not regret her decisions, but she's clearly not going to listen to negative remarks about her sex life without sticking up for herself. This is one celebrity [reality tv](#) star who knows how to stand up for herself.

In celebrity news, *Bachelorette* Hannah Brown admitted to some hanky panky in a windmill in one of the show's promos for a future episode. What are some ways to spice up your relationship?

Cupid's Advice:

Keeping a relationship interesting and intimate can get put on the back burner as life gets busier, your relationship evolves and you're no longer in the honeymoon phase. It is easy to become complacent on the romantic front when things like work and children take up so much of your time. Spicing up your relationship can be done with the smallest gestures. Cupid has some advice to keep spice things up even in a long-term relationship:

1. Make eye contact: One of the most intimate things between partners is making eye contact. If you want to keep the intimacy alive try this easy tip and make eye contact with your partner when you say, "I love you."

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2. Smile when you see them walk into the room: A big part of keeping things spiced up in your relationship is finding the small ways to make your partner happy; to make them feel appreciated and loved, even without words. Something as simple as a smile when they enter a room or you see them walk through the door when they come home at the end of their workday will make them feel warm and loved.

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3. Physical contact isn't just for the bedroom: When you are trying to spice up your relationship everything doesn't have to be about the things that occur in the bedroom. Sometimes the best things can take place outside of the bed. Snuggle in front of the TV, slow dance with your partner in the living room, and hold their hand when you walk down the street. These small physical gestures will put the spark back in your relationship.

What are some ways you might spice up your relationship? Let us know your thoughts in the comments below.

