

# Travel Trend: Micro-cations



By [Emily Green](#)

Everyone needs a break from their day to day life, and a vacation is a perfect way to do so! Some people, especially millennials, can't afford to take a week or two off work or to shirk other commitments for the [luxury vacation](#) have been dreaming about. In an attempt to get a break, micro-cations—a vacation no longer than four nights—have become the most popular [travel trend](#) to get out of the office to any [beautiful vacation spots](#) of your choice.

**Micro-cations seem to be a popular**

# and easy travel trend among millennials. What are some benefits to taking a micro-cation rather than a vacation?

We've gathered a list of reasons why you might want to plan a micro-cation instead of a vacation. Check out these [travel tips](#) if a mini getaway seems doable (and affordable!)

**1. You get some time away:** No matter how long you go on a trip, you still get a break from any stress, work, or drama. Soak up every ounce of your trip and enjoy every minute of it! Try new things, go on new adventures, and you'll come back with stories that you'll be telling for years to come.

**Related Link:** [Travel Tips: Travel Solo](#)

**2. You miss less while you're away:** By only taking a trip for a couple of days, you are guaranteed to miss less from any work or responsibilities you might have than if you went on a trip that lasted a week or longer. If you're dedicated to your work but know you need a break, a micro-cation is the perfect way to give yourself that break and get back to work in record time.

**Related Link:** [Travel Tips: How to Plan a Debt-Free Vacation](#)

**3. Saves money:** You might be worried about affording a vacation within the means of your budget. A micro-cation is the perfect way to give yourself your dream vacation in small doses. You can still get that luxurious vacation you've always wanted for a cheaper price by shortening your trip by a few days.

**4. Take a load off from responsibility:** Asking your workplace to take off for only two days instead of a week is more

appealing to your employers. They know you are needed at your job but can understand that you need a PTO every now and then. You'll be able to get that much-needed vacation and get back to your regular day to day life after you're refreshed in no time.

**Does taking a micro-cation sound appealing to your travel needs? Let us know in the comments below!**