

Celebrity Parenting: Find Out What Carrie Underwood Is Doing Differently as a Second-Time Mom



By [Mara Miller](#)

In [celebrity news](#), [celebrity parenting](#) isn't [Carrie Underwood's](#) first rodeo. She was already a celebrity mom to four-year-old Isaiah Michael before she welcomed [celebrity baby](#) Jacob Bryan in January, according to *People.com*. Little Jacob has joined his celebrity parents and big brother on Underwood's Cry Pretty 360 arena tour. While it might be a popular notion that second-time moms naturally have it together by the second child, Underwood admitted it isn't the

case for her. Her two boys look different, with her newborn's unique strawberry blonde hair while her eldest son's hair is darker. She also finds herself worrying more over Jacob. Underwood even revealed that she schedules a time to cry when she feels overwhelmed. "Sometimes I feel like I just need to cry, for no reason, and there's not anything that happened," she says. "I've learned to be okay with that, whereas five or 10 years ago I would have been like 'Oh my God, something's wrong with me!'"

Celebrity parenting comes with the same challenges the rest of us face. What are some tips you can learn from your first-time parenting mistakes?

Cupid's Advice:

You're on your second kid, or maybe even your third. You've had time to learn what not to do, or maybe you need a nudge in the right direction because you feel like scheduling a cry. Cupid has advice on parenting tips you can learn from your first-time parenting mistakes:

1. Don't take advice from everyone: You need to do your own thing when it comes to parenting. Many people—family and friends included—will have opinions on things like how much you should feed your kids, when they should go to bed, or when you should stop breastfeeding. You need to do what you feel is right for the well-being of your children.

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2. You overestimate free-time: Um, free time? What's that? Unless you have a baby sitter or your spouse is willing to stay with the kids while you pursue your passions, there is *no such thing* as free time now that you're a parent until the kids are in school...and that's a *maybe* unless it's scheduled. Time management is now key so you don't drive yourself crazy because it helps you see how much time you actually have in a day.

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3. Don't put yourself last: Even though you might feel overwhelmed and feel like you never have free time anymore, you have to realize putting yourself last is a big no-no. As mentioned, time management will help you see how much time you actually have so you can soak in the bathtub or go out to dinner with your friends. Even moms need breaks.