

# Celebrity News: Kourtney Kardashian & Scott Disick Vacation in Costa Rica Without Sofia Richie



By

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In the [latest celebrity news](#), everyone keeps asking, “Where’s Sofia?” [Celebrity exes Kourtney Kardashian](#) and Scott Disick were spotted on June 19 on a [celebrity vacation](#) without Disick’s celebrity girlfriend, Sofia Richie, according to *UsMagazine.com*. The [celebrity exes](#) hit the beach with their three kids, 9-year old Mason, 6-year old Penelope, and 4-year old Reign, as well as [Kim Kardashian](#) and her daughter, North West, in Costa Rica. But don’t think the [celebrity couple](#) has called it quits just because Richie didn’t go on the

vacation. *Popsugar.com* reported that while Disick and Kardashian are no longer romantically involved, they are committed to remaining a family and parenting their children. Richie remained in the States, attending events in New York and Los Angeles, including a gathering for Miranda Kerr's Kora Organics.

## **In celebrity news, the words on everyone's lips are, "Where's Sofia?" What are some ways to keep your jealousy in check when your partner interacts with his or her ex?**

### **Cupid's Advice:**

Despite the rumors that may be flaring up because Kourtney and Scott took their kids on a vacation, Sofia seemed comfortable enough to remain home so she could attend work events. Sometimes we can't help it if our partner has to interact with their ex if they have children together. Cupid has advice on how to keep your jealousy in check:

**1. Remember, your partner is with YOU:** Your partner and their ex split up for a reason. Even if they are on friendly terms, you have to realize they didn't work for a reason. Your partner would not be in a relationship with you if what you have between you both isn't working.

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**2. They might not have a choice:** This is especially true if your partner has children with their ex. Would you want to

keep a parent away from their children? It's healthier for kids to have parents who don't fight, so try not to let jealousy get in the way of your partner's relationship with their kids. Your relationship may be in jeopardy if you try.

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**3. Talk to your partner:** If your jealousy and insecurities are getting the better of you, it's a good time to sit down and talk to your partner. Talk to them about how you feel. Chances are, they'll understand, and they'll help you put any worries at ease.

**What are some other ways to keep your jealousy in line if your partner interacts with their ex? Let us know in the comments below!**