

Ask the Guy's Guy: Should I Stick Around to Feel the Spark Again?



By [Robert Manni](#)

Question from Riley A, "I feel distant in my relationship. I feel like we're growing apart, but I want to grow together. I don't know what to do. Should I end it, and maybe find the spark in someone else? Or stay and wait for the romance to come back?"

Should you wait for the spark to come back? Or move on?

Hi Riley:

It can be challenging when you reach the point in a relationship when things feel stagnant and that special spark is missing.

It sounds like you want to keep things going so I suggest you take a step back and consider where your relationship began, where it has led you, and how you feel about it now. Ask yourself why things may have changed and what circumstances may have affected the current lack of sparkles. The answers are usually right there when we become still and look inside.

Related Link: [Ask The Guy's Guy: Should I Follow My Boyfriend To Where His Job Is?](#)

I also suggest broaching the subject with your partner. Ask him how he feels about things if he has any issues, and where he sees the relationship going. That will also provide context for where your relationship stands and its future possibilities.

Every relationship is different and every couple has to find their own ways to make things work if this is what they both really want.

Take the time to look inside, then trust your gut and intuition. Ultimately, this is about your finding the happiness and love you deserve.

Good luck.

Robert Manni

If you would like relationship expert Robert Manni to answer your online dating/relationship questions, please email gillian@nvmediainc.com

More about the Guy's Guy:



Robert is the host of Guy's Guy Radio, featured on Blog Talk Radio and available on iTunes, Stitcher, and TuneIn. The weekly podcast features interviews with relationship coaches, entertainers, authors, wellness experts, spiritual teachers, sports personalities, and a weekly "Guys' Guy's Guide" exploring current guy-focused topics.

His novel, THE GUYS' GUY'S GUIDE TO LOVE, praised as the "men's successor to Sex and the City," has been developed into two feature-length adapted screenplays, a scripted television series (pilot and treatment), and a series of non-scripted Guy's Guy show concepts.

Robert has appeared on broadcast television (NBC's Morning Blend, WPIX11 Morning News) and is a frequent guest across a spectrum of satellite, terrestrial, and web-based radio programs and podcasts, as well as a contributor to Huffington Post, Thought Catalog, Cupid's Pulse, GalTime, is a featured expert on GoodMenProject and YourTango. He was also named a Top Dating Blogger by DatingAdvice.com.

Robert developed the Guy's Guy Platform to help men and women

better understand each other and bridge the growing communication gap between the sexes. He continually creates a fresh, robust palette of timely Guy's Guy [content focused on life, love and the pursuit of happiness](#). Whether it's navigating the challenges of dating, relationships, friendship, career or wellness, Robert explores ways to help both men and women be at their best so that everybody wins.

Read more at [Cupid's](#).