

Beauty Tips: Keep Your Skin Looking Young After 40



By

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Skincare is one of the most important steps in taking care of yourself. Many people struggle with certain parts of skincare as they age, whether it is getting rid of acne, crows feet, lines, and other blemishes. Celebrities like [Jennifer Lopez](#) have [beauty tips](#) that manage to keep their skin pristine, beautiful, and youthful—just *how* do they do it?

Follow these five beauty tips on how to keep your skin looking young

after 40:

Keeping your skin youthful is important when aging like fine wine. We've gathered celebrity beauty secrets to having flawless skin after 40:

1. Use sunscreen: Sunscreen can do wonders for your skin (and not only for preventing burns!) Adding in sunscreen like Neutrogena Ultra Sheer Body Mist SPF 30 to your skincare routine will not only be protected from the sun but keep your skin oil free! A lightweight sunscreen will prevent clogged pores.

Related Link: [Beauty Trend: Why To Consider Makeup With Sunscreen For Summer](#)

2. Moisturize: Moisturizing your skin is SO important! Moisturizing your skin every day will help you prevent dry or cracked skin. Your skin will stay radiant.

Related Link: [Beauty Advice: How to Make Your Skin Thank You Later \(What You Should Be Doing Now\)](#)

3. Remove your makeup every night: As much as we all love to put on makeup in the morning, we all know how much we just want to go straight to bed at the end of the day. You'll prevent acne or serious infections if you remove your makeup every night before bed.

4. Use a cream foundation: A cream foundation soaks into your skin rather than sitting on top of wrinkles or lines. This will keep your makeup looking more natural and fresh. You'll find it's easier to remove at the end of the day, too!

5. Use a lightweight finishing powder: Lightweight finishing powder is great because it will keep you looking youthful. Use it to mattify and set your face. Finishing powders are great because they keep the shine away from your T-Zone so your face

won't look oily.

What are some of your tips for keeping beautiful skin as you get older? Let us know in the comments below!