

# Celebrity Parents: Mindy Kaling Opens Up About Single Parenting and Hard Work



By Katie Sotack

Celebrity parent Mindy Kaling has opened up about life as a busy career woman and single parent. After giving birth to her daughter, Katherine in December 2017, Kaling hasn't felt the need to slow down, according to *EOnline.com*. She is currently working on a TV show for Netflix and a movie for Hulu while promoting *Late Night*, a film she wrote and in which she acted. Though she's loving working hard now, Kaling says she'll eventually have to slow down when Katherine's older as there's no father to pick up the slack.

# **This celebrity parent is juggling single parenting and a busy career. What are some ways to juggle parenting and work?**

## **Cupid's Advice:**

It's hard enough being a parent, and it's even harder having both a job and child(ren). Cupid has some tips on how to juggle the two:

**1. Know what's important, and show up:** Have your priorities in order. If it's your child's second birthday, tonight is the night to miss the office networking at the Chili's downtown.

**Related Link:** [Celebrity Parents: Exes Drew Barrymore & Will Kopelman Reunite for Daughter's Graduation](#)

**2. Keep organized:** List out what you need to do today and in what order. This will keep you on track and have the added bonus of feeling accomplished when you cross off what you've done!

**Related Link:** [Celebrity Parents: Duchess Meghan Plans to Take Baby Archie to NYC Over the Summer](#)

**3. Sneak in some me time:** Whether it's an hour at the gym or a glass of wine after the kids are in bed, find time for yourself. You can't fill up your kid's cup or career's cup with an empty pitcher.

**How do you manage your time as a parent and employee? Share your comments below.**