Celebrity News: 'Bachelorette' Hannah Brown Confronts Luke P. About Red Flags





By Amanda Sanders

In <u>celebrity news</u> this Memorial Day, viewers watched *The Bachelorette's* Hannah Brown continue her search for her happily ever after. The latest episode of <u>The Bachelorette</u> showed the <u>single celebrity</u> discovering some red flags in Luke P.'s attempts to woo her and eventually her confronting him on how it made her feel as a result. On a group date, Luke P. tried to get some extra time alone with Hannah at the photoshoot before offering to walk her back to

her dressing room in a way that the reality star viewed as aggressive, calling him "cocky." This *Bachelorette* isn't afraid to stand up for herself.

What are some ways to confront your partner about something that is making you uncomfortable or upsetting you?

Cupid's Advice

Sometimes it's hard to communicate with someone about things they do that bother you. Cupid is here to help you figure out how to broach the subject:

1. Mentally prepare. If you're nervous about talking to your partner about their problematic behavior, evaluate all of your feelings and identify the real issue that you want to discuss with them. This will keep you from getting sidetracked on the small things.

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2. Set the stage. Find a mutually convenient time and place to talk to your partner about what's bothering you. Don't blurt out that you need to talk publicly in front of all your friends. Find a quiet space to discuss the situation. Avoid confrontations online and on the phone unless you feel unsafe meeting your partner in person.

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3. Focus on the issue Be hard on the issues but soft on the person. Don't waste time trying to hurt the other person but

focus on saying what needs to be said as clearly and simply as possible.

What are some methods you may have used when confronting someone about what's bothering you? Share your thoughts below.