

# Celebrity Exes: Nikki Bella Prays for John Cena to Find Happiness



By [Mara Miller](#)

In [celebrity news](#), Nikki Bella revealed at the 3rd Annual Best Buddies Mother's Day Celebration in Malibu that she wishes nothing, but the best for John Cena. According to *People.com*, the [celebrity exes](#) were in a [celebrity relationship](#) for six years before she called off their engagement. "I loved [seeing him moving on]," she said of Cena at the event. "I've been so happy for him because I think of the decisions I've made...walking away and just needing to find myself because I felt like I lost it." Cena has moved on with a new flame, Shay Shariatzadeh, while Bella has been dating

Artem Chigvintsev. She does not yet want to label their relationship.

## **Nikki Bella wishes her celebrity ex John Cena nothing but the best. What are some ways to stay positive after a split?**

### **Cupid's Advice:**

Staying positive after a split is the best way to keep yourself motivated to move on. Cupid has some ideas on how to keep your head up:

**1. Find yourself again:** If you've been in a relationship for a long time, you might find that you are able to have more freedom than you did when you were with your ex. Now is the perfect time to explore who you are as a person!

**Related Link:** [Celebrity Break-Up: Adele & Simon Koneckis Call It Quits](#)

**2. Stay strong:** Break-ups suck for everyone. Stay strong by getting rid of anything that reminds you of him too much. Don't seek revenge because you'll only get hurt further if it was a bad break-up.

**Related Link:** [Celebrity News: Demi Moore to Reflect on Ashton Kutcher & Bruce Willis Marriages In Memoir](#)

**3. Don't blame anyone:** Break-ups happen. It's not necessarily your fault or your ex's fault that your relationship didn't work. You'll grow and change as you get older. Don't blame them for this because it can take you down a long path of negativity.

**What are some ways you can remain positive after a split? Let**

**us know in the comments below!**