

Celebrity News: Stephanie Pratt Is Not On Speaking Terms with Spencer Pratt Due to 'Gold Digger' Heidi



By Megan McIntosh

In celebrity news, Stephanie Pratt is not a fan of [celebrity couple](#) Spencer Pratt and wife Heidi. According to *People.com*, Stephanie believes that “no one knows the real Heidi” and that ultimately she’s the reason for the split in the family relationship between brother and sister. Stephanie tried to save the relationship and put on a good front for the cameras because of her job obligations with her parents and just for the sake of her relationship with her parents. However, now

the gloves are coming off, and Stephanie is only being honest. Stephanie claims that Heidi doesn't want Spencer to "have a relationship with anyone but her" and because of this, Stephanie "cannot live near them, They are the most toxic people I've ever met." It looks like this relationship is far from being on the mend.

In celebrity news, Stephanie Pratt doesn't consider Spencer and Heidi family anymore. What are ways to mend your relationship with your family?

Cupid's Advice:

It can be hard maintaining relationships when you dislike a parent or sibling's new partner. Sometimes a relationship with a family is just not good for you, but if you want to mend your relationship with your family, cupid has some advice for you:

1. Always meet in person: It can be tempting to try and air your grievances via text or email. Don't. It's important to speak face-to-face gives everyone a chances to talk about their issues and express themselves. If you live too far for a face-to-face, try Skype or Facetime.

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2. Lay some ground rules: Make sure you know if any topic is off-limits. Try to emphasize that that you're trying to mend things not just complain and push blame. Limit the allowance of interruptions or name-calling.

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3. Use "I" statements: Rather than telling someone what they did, tell them how it affected you. Tell them how it made you feel. Don't say "You made me unhappy," say "I was unhappy because..." When you focus on your feelings, it makes the other person feel less defensive.

What are some ways you've fixed a relationship with someone in your family? Share below!