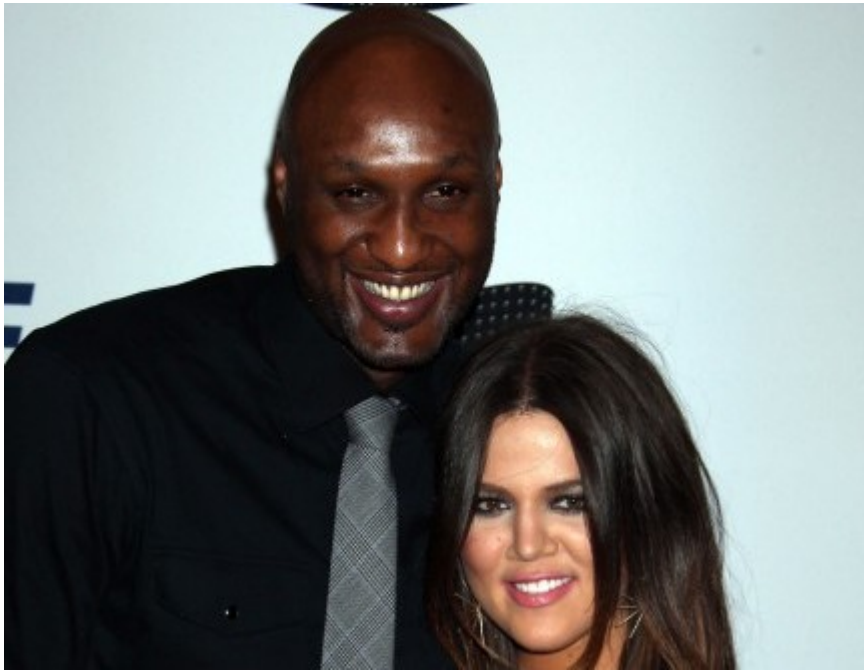


# Khloe Kardashian and Lamar Odom Talk Reality Show



Another Kardashian, another reality show! [Access Hollywood](#) reports Khloe Kardashian and hubby Lamar Odom are currently promoting their new E! show, *Khloe & Lamar*. But with reality TV's long history of ruining relationships (like Jessica Simpson and Nick Lachey or Carmen Electra and Dave Navarro), the couple are taking a chance by letting cameras film every moment of their personal lives. However, Kardashian insists that the show has actually strengthened her family's bond. "This show has made [my family] closer and stronger, because it does make you spend time with each other, and also, this show is therapy to us." She added that watching herself on camera has helped her become a better person. "We do watch things and when we watch them we're like, 'Oooh – I hated how I treated you,' or, 'I hated how I said that,' and you learn to mature and change yourself."

## Can a relationship in the public eye last?

### Cupid's Advice:

While celebrities aren't known for having long-lasting relationships, there are some exceptions. Cupid has some ideas on whether a public relationship can work:

- 1. Use it to your advantage:** In rare cases, being in the public eye can actually improve a relationship. If you can make it work for you like the Kardashians do, then celebrity can make your bond stronger.
- 2. Just the two of us:** Sharing your personal life with the rest of the world can make a relationship seem a bit crowded. If you just focus on the two of you and tune out all the naysayers, your union can thrive in the spotlight.
- 3. Avoid it:** In general, being in the public eye puts stress on a relationship and exaggerates problems. Unless your job requires it, try to avoid public life if you want your love to last.