

# New Celebrity Couple: Zac Efron Is Dating Olympian Sarah Bro



By [Mara Miller](#)

Tinder dates are out, and meeting people at fitness centers is in! In the latest [celebrity couple](#) and [celebrity dating](#) news, Zac Efron is dating Olympian Sarah Bro, according to *UsMagazine.com*. They were first spotted together in January at a fitness class in Los Angeles. They have since been spotted at a MMA Match together, and Bro posted a picture of flowers with two heart emojis on her Instagram stories on March 5th.

## There's a new celebrity couple to focus on! What are some ways to keep your relationship under wraps until you're ready to go public?

### Cupid's Advice:

Keeping your new relationship secret isn't a bad thing. It gives you and your new partner privacy. And if things don't work out, you won't have to go into a big long explanation on what happened to family and friends. Cupid has some advice on ways to keep your new relationship a secret:

- 1. Limit social media posts:** It's okay to take pictures together when you first start dating after you get serious. It's okay to enjoy dating for a while before you make the big

announcement that you're in a new relationship. Save a few fun photos of yourself together and then post them online when you're ready to go public!

**Related Link:** [Back On! Celebrity Couple: Ben Affleck & Lindsay Shookus Are Back Together After Split](#)

**2. Make time for friends:** Be sure to make time to spend with your friends even though spending all of your time with your partner might be tempting. It's easy to neglect other relationships when you begin a new one, so be sure to make regular dinner dates or girls nights if you want to avoid suspicion about a new relationship until you're ready to let them know.

**Related Link:** [Celebrity Couple News: Justin Timberlake Posts Adorable Birthday Message for Jessica Biel](#)

**3. Pick a neutral spot for dates:** Don't go anywhere together where friends or coworkers may recognize you if you aren't ready for them to know about your relationship yet. You can take this time to find your new favorite restaurant with your new partner by exploring different towns or trying something you wouldn't usually try.

**What are some other ways you can keep your relationship secret until you're ready for the public to know? Tell us in the comments below!**