

# Celebrity Couple News: Ben Higgins Reveals He Kissed New Girlfriend The First Time He Saw Her



By [Lauren Burczyk](#)

In [celebrity news](#), [Ben Higgins](#) admitted to kissing his new girlfriend when they first met. According [UsMagazine.com](#), the reality TV star, 30, said he “walked outside and just laid it on her.” Higgins’ girlfriend, Jessica Clarke, 23, said the former Bachelor kissed her “as soon as he saw her.” *The Bachelor: Winter Games* alum introduced Clarke to his fans via Instagram earlier this month. On February 20th, Higgins wrote, “She is someone special, and I look forward to where life is

going to take us. Stay tuned for the journey.”

**In celebrity couple news, Ben Higgins didn't waste any time showing his affection for his now-girlfriend. What are some ways to make sure your crush knows you like him/her?**

**Cupid's Advice:**

There's no comparing the feeling you get when your crush enters the room, but how do you let him or her know how you feel about them? Here are some ways to let your crush know you're interested:

**1. Be thoughtful:** More often than not, actions speak louder than words. Try being thoughtful by picking him up a special treat from his favorite coffee shop or by compiling a playlist of songs that tell her how you feel.

**Related Link:** [Celebrity Exes: 'The Bachelor' Star Lauren Bushnell Says She Hasn't Spoken to Ex Ben Higgins Recently](#)

**2. Spend time together:** There's no better way to show your crush you're interested than by spending quality time with them. Try to spend time with your crush every opportunity that you get just so he or she takes the hint.

**Related Link:** [Celebrity Couple News: Rami Malek Gushes Over Lucy Boynton In Oscars Acceptance Speech](#)

**3. Let your body do the talking:** Body language is a great way to show that you're interested. Try leaning in every time your crush talks to you, or maintaining close eye contact.

**Can you think of some other ways to make sure your crush knows that you're interested? Comment below.**