

# Date Idea: Mid-Year Resolutions



By Amanda Boyer and [Mara Miller](#)

It's hard to believe that the year is already halfway over! If you follow this date idea, you and your partner can read over your New Year's resolutions and recommit yourself to those goals. Maybe you have some mid-year resolutions to add to your list for the remainder of 2019, too.

## Follow This Love Advice and Set Goals for the Remainder of the

# Year!

First, rewrite your list by dividing it into two categories: those resolutions you've already completed and those you still need to do. Maybe you've lost those stubborn 10 pounds that you gained during the holiday season (go you!), but you're still not exercising enough. Follow this [love advice](#) and talk to your sweetheart about how you can each achieve your individual goals together. For instance, you can meet at the gym after work at least three days each week. Having a plan in place will help you check these remaining resolutions off of your list.

**Related Link:** [Love Tips & Romantic DIY Gift Ideas for Your Sweetheart](#)

With this date idea, you can even start accomplishing your objectives right now. If you feel like you need an extra boost to get yourself to workout, download a fun, fast-paced playlist to listen to while you're running. If you prefer to use a treadmill, you can even purchase a season pass of your favorite show on iTunes. Then, only allow yourself to watch *Grey's Anatomy* or *Modern Family* while you're getting your cardio done. If a gym membership is too pricey for you, order a few new Jillian Michaels DVDs from Amazon.

Now that you're on track to finish your January resolutions, it's time to make some new ones, specifically ones to improve your relationship and love! Get creative and think outside of the box. If you're both into amusement park rides, plan to ride every roller coaster at your local park before the summer ends. If you're scared of heights, this weekend date idea is a great way to conquer your fear with your sweetheart by your side.

**Related Link:** [Expert Dating Advice: How to Date a Coworker](#)

Perhaps you have a more serious resolution in mind. If you need to add more money to your savings account each month, brainstorm ways to cut back. Promise to only eat out once or twice each month and think off ways to spend less at the grocery store. You can also come up with a list of cheap date ideas, like playing with puppies at a nearby animal shelter or throwing the frisbee and enjoying a picnic in the park. If your mid-year resolutions allow you and your significant other to spend more time together, that's even better!

By Sunday evening, try to accomplish just one item on your list. That'll motivate you to keep the momentum going for the rest of the year!

**What mid-year resolutions will you and your partner make? Share with us in the comments below!**