

# Celebrity News: 'The Bachelor' Colton Underwood Gets Dumped Once Again



By Mara Miller

In the latest [celebrity news](#), Colton Underwood has been dumped again, according to *EOnline.com*. First, it was Elyse, then Sydney, and now Heather. Underwood was supposed to go home with Heather so he could meet his parents, but she admitted to him that she wasn't secure enough in their relationship before she jumped on a train. He later took Hannah—who admitted she is in love with him—to meet his parents, but Underwood isn't sure if he feels the same yet. What in the world is going on with this season of *The Bachelor*?

# In celebrity news, Colton Underwood is making headlines as the most dumped *Bachelor* ever! If you find yourself getting dumped more often than not, what are some ways to stay positive?

## Cupid's Advice:

Getting dumped sucks big time. You shouldn't let this get you down. Here are a few things you can do to try to stay positive:

**1. Realize they might not be the one:** If the person you're dating is truly meant to be the one, they make an actual effort to be with you even if they have their own reservations about getting into a serious relationship.

**Related Link:** [Celebrity Couple: 'BIP' Star Taylor Nolan Praises New Boyfriend](#)

**2. Lean on friends and family:** There's nothing like going out to the bar with your best friend or joking around with someone in your family after you get dumped. Surrounding yourself by people who love you can help you reassure yourself that you aren't necessarily the reason you keep getting dumped.

**Related Link:** [New Celebrity Couple: 'Bachelor' Kaitlyn Bristowe & Jason Tartick Announce Relationship](#)

**3. Admit that dating is hard:** With online dating taking over more than the traditional ways couples used to meet, it can be pretty tough to meet someone who you're going to be happy with since so many options are out there. It's okay to admit to yourself that the chemistry just might not have been there if

they dump you.

**What are some ways you can stay positive even though you keep getting dumped? Let us know in the comments below!**