## Food Trends: Floral Flavors Are The Next Big Thing





By Lauren Burczyk

While we anxiously await springtime and some of those April showers that bring blooming flowers, we are in luck with one of the latest food trends. Floral flavors are trending to be the newest sensation for food lovers everywhere. This latest <u>food trend</u>, inspired by edible flowers, create a sophisticated taste that is delicate and unique. Here's some <u>food advice</u> for you, this trend will be perfect for your spring garden parties!

## If you want to start preparing for your spring garden affair, then we have some great floral food trends for you. Check them out!

1. Earl Grey Rose Nectar: This delicious pick-me-up drink contains earl grey tea, sweet rose essence, and is naturally sweetened with dates and lucuma powder. It's the perfect thing to serve at your next book club or brunch gathering!

Related Link: Food Trend: Pot Pies Are Back

2. Raspberry Rose Cheesecake: This decadent dessert has a creamy filling made from cashews with layers of raspberry tart and rose water. Add some flair to a typical cheesecake to spice things up a little! Serve at your next party.

Related Link: Food Trends: Acai Bowls

**3. Lavender Coconut Ice Cream:** This floral-inspired ice cream is sure to satisfy any sweet tooth! It can be made with either coconut milk beverage or canned coconut milk. For a creamier version, opt for the full-fat canned coconut milk. You'll need an ice cream maker for this endeavor!

Have any other floral food ideas that would be perfect for a garden party? Let us know! Comment below.