

# Celebrity News: Bethenny Frankel Credits Boyfriend for Saving Her Life After Hospitalization



By [Courtney Shapiro](#)

In [celebrity news](#), Bethenny Frankel told fans that she almost died after a severe allergic reaction. According to *UsMagazine.com*, the *Real Housewives* star tweeted, "I have [a] rare fish allergy. Sun, I had soup, itched & was unconscious for 15 mins then [taken] to ER & ICU for 2 days w BP of 60/40." Frankel also shared that her boyfriend Paul Bernon saved her life. The [celebrity relationship](#) has been going strong for the past couple of months.

# In celebrity news, Bethenny Frankel says her boyfriend saved her life after having been hospitalized for an allergic reaction. What are some ways to show your appreciation for your partner?

## Cupid's Advice:

How can you show appreciation for your partner? Cupid has some tips:

**1. Say the words I appreciate you:** Tell your partner in person that you appreciate them. Don't just assume that they know. It is always nice to hear the actual words once in a while, and being told you're appreciated will make you feel like your contributions to the relationship mean something.

**Related Link:** [Celebrity News: Jennifer Garner & BF John Miller Are Stronger Than Ever Amid Split Rumors](#)

**2. Plan something special:** Going out of the way to do something can definitely lift your partner up. The gesture doesn't have to be extravagant, but it will certainly mean something to your partner.

**Related Link:** [Celebrity News: Wells Adams Praises GF Sarah Hyland One Week After Her Cousin's Death](#)

**3. Surprise them:** Maybe you could pick up the groceries, or pick up your partner's favorite candy. The small token shows that you pay attention to your partner as well as appreciate all of the ways they contribute to the relationship.

**How did you show appreciation for your partner? Share with us**

**in the comments!**