

Celebrity News: Royal Drama Has 'Put Pressure' on Prince Harry & Meghan Markle's Relationship



By [Ivana Jarmon](#)

Prince Harry feels powerless. In [celebrity news](#), Prince Harry is powerless when it comes to the negativity surrounding his wife, Duchess Meghan. A source tells *UsMagazine.com*, "It has put pressure on the [celebrity couple](#). He's very frustrated with how little can be done," the source explains of recent stories in the British press. "Keeping her away from the negativity and harm has been hard for him. It's been his purpose in their relationship to keep her away from the negativity." Recently reports surfaced that the Duchess was fighting with her sister-in-law, Duchess Kate. Also, Markle's private secretary, Samantha Cohen is leaving her job.

In celebrity news, this royal celebrity couple are going through a difficult time. What are some ways to keep outside drama from affecting your relationship?

Cupid's Advice:

Unnecessary drama at a time is often associated with relationships. We all realize how much outside drama can sabotage a relationship and why it's important to establish

and maintain healthy boundaries. Cupid has some ways to keep outside drama from affecting your relationship:

1. Take control by taking responsibility: One of the ways outside drama affect your relationship is if you deflect the responsibility. By doing something about the drama, you take back control and may be able to control the situation.

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2. Ignore it all: Outside drama is outside and has nothing to do with you. So why let it affect what's happening in your own little world. You can't control how others perceive you, you can only control your own actions.

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3. Communication: No matter what drama it is, keep a line of communication open. Be open and honest with your partner about what's going on. Express any issues concerning the drama. Speak your mind and don't focus on the bad. Focus on working through the drama together.

What are some ways to keep outside drama from affecting your relationship? Share your thoughts below.