

Celebrity Break-Up: Shawn Booth Breaks Silence on 'Painful' Split from Kaitlyn Bristowe

By [Ivana Jarmon](#)

Shawn Booth recently opened up about his recent split. In [celebrity news](#), Booth shared his first message about his recent split from [celebrity ex](#) Kaitlyn Bistowe. The [celebrity exes](#) fell in love in 2015 on season 11 of *The Bachelorette*. After months of not being spotted together and denying split rumors, the couple called off their engagement on November 2nd, *UsMagazine.com* reports. Booth wrote on Instagram, "I just want to thank everyone who has been so supportive of my relationship with Kaitlyn over the years. You've made me feel incredibly special, supported and very loved. So, from the bottom of my heart, thank you. It truly means a lot."

In celebrity break-up news, Shawn Booth is speaking out about his split from Kaitlyn Bristowe. What are some ways to handle announcing your break-up to family and friends??

Cupid's Advice:

Break-ups are never easy, and it's especially hard when you

have to tell your family and friends. Cupid has some ways to handle announcing your break up to family and friends:

1. Be open and honest: Tell your closest family and friends the truth. It is over, and it didn't work. You and your ex-partner are no longer compatible, and you are both trying to move on.

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2. Tell people quickly and publicly: To avoid unnecessary gossip and rumors, share the news in person. While it might feel easier to drop a quick headline on Facebook, you don't want to be overwhelmed with a million questions and reactions all at once. Once you tell a few friends, the news will spread quickly.

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3. Reassure family and friends it's for the best: Sit down with family and friends and be open and honest to hearing their concerns. Then, reassure them as best as you can, both during that conversation and through your actions over the following weeks and months, that it's for the best. Your family and friends all love you and want you to be happy, so they should understand your decision.

What are some ways to handle announcing your break-up to family and friends? Share your thoughts below.