## Celebrity Exes Channing Tatum & Jenna Dewan Reunite for Halloween Selfie Amid Divorce





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In <u>celebrity news</u>, <u>celebrity exes</u> <u>Channing Tatum</u> and Jenna Dewan reunited on Halloween to trick-or-treat with their daughter Everly. Tatum documented the short reconciliation on his Instagram, snapping selfies of himself dressed as Genie from Aladdin, Dewan dressed as Cleopatra. Tatum and Dewan announced in April of this year they were separating after eight years of marriage. On October 22, Dewan filed for divorce. Tatum has been dating Jessie J for a couple of months. Dewan has also moved and is now dating Steve Kazee, UsMagazine.com reports.

## These celebrity exes are still friends and co-parents. What are some ways to keep things civil during a divorce?

Cupid's Advice:

Divorce is a literal death of a marriage and is an emotional and stressful ride. Cupid has some ways to keep things civil during a divorce:

1. Communication through a neutral party: A divorce unleashes a flood of emotions including grief, anxiety, fear, anger, and pain. A response like this is normal, over time the intensity of your feelings will subside. To avoid a yelling and screaming match try seeking a trusted friend, family member or therapist who can help you communicate.

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2. Focus on the future: Talking about why you broke up or who's to blame will not solve anything. Try avoiding these conversations with your soon to be ex. Keep your discussions focused on there here and now. Such as what needs to be done, and if there are children, focus on their needs and schedules.

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**3. Remember the good times:** Remember that you loved each other very much at one point—and just because your divorcing it doesn't mean that love goes away. This will make it easier to be co-parent if there are children involved. Maintaining that

love and respect for each other will guide you on a better path.

What are some ways to keep things civil during a divorce? Share your thoughts below.