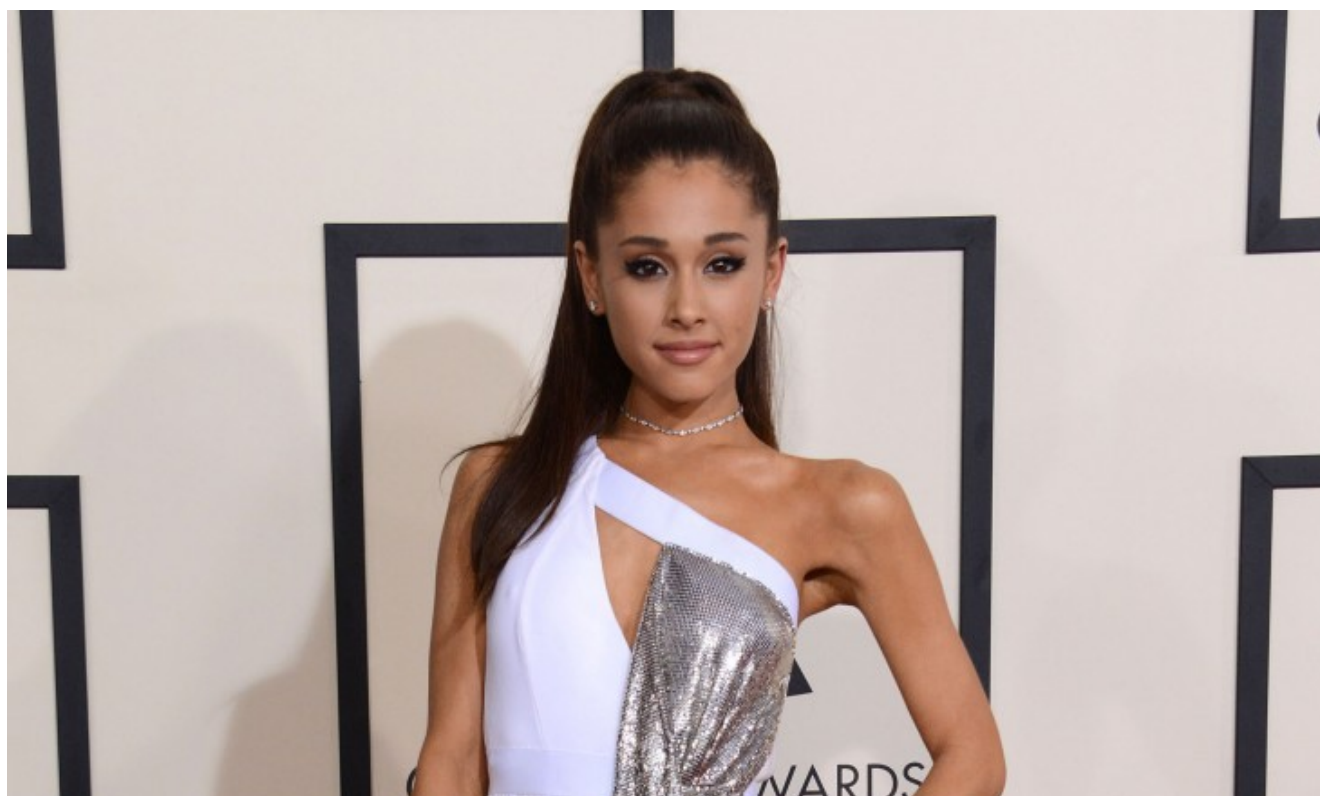


Celebrity Break-Up: Ariana Grande Calls Split from Pete Davidson 'Very Sad' and Takes Off Ring



By [Courtney Shapiro](#)

In [celebrity news](#), singer Ariana Grande has decided to take some time off from the internet. Grande made this decision on October 16, shortly after the news came out about her split from Pete Davidson. The [celebrity couple](#) split and called off their engagement just months after becoming engaged. The pop singer also taped a performance for the upcoming NBC special *A Very Wicked Halloween* where her makeup artist shared a post in which she was no longer wearing her engagement ring. According

to *UsMagazine.com*, Grande posted in a now-deleted Instagram story, stating, "it's hard not to bump news n stuff that i'm not tryna see rn. it's very sad and we're all tryin very hard to keep goin. love u. and thank u for bein here always." The singer has returned to work, but the *SNL* star is still taking time for himself.

This celebrity break-up came on just as quick on the engagement did. What are some ways to cope with a sudden split?

Cupid's Advice:

How can you cope with a sudden split? Cupid has some advice:

1. Obsess over it: It is okay to give yourself the time to ask all of the questions and find out where the break-up came from. Go through all of your history and let yourself think about it. Once you've thought through the scenarios enough, you might be able to move forward from the relationship.

Related Link: [Celebrity Break-Up: Ariana Grande & Pete Davidson Break Up & Call Off Engagement](#)

2. Don't reach out to the other person: The relationship may have ended with no form of closure, and you might just be stuck with your questions. Trying to contact the other person won't help you move on. If you get to the place where you can friends, then you've probably allowed yourself to stop thinking about the closure you never got.

Related Link: [Celebrity Break-Up: Nikki Bella & John Cena Split Again Two Months After Reconciling](#)

3. Make yourself busy: Keep moving with your normal routine. Make sure you have things to do on a daily basis, so you're

not constantly thinking about the break-up.

How were you able to move on after a sudden split? Share with us in the comments!