

Celebrity News: Busy Philipps Accuses 'Freaks & Geeks' Costar James Franco of Assault



By [Ivana Jarmon](#)

Busy Philipps is calling James Franco out. In [celebrity news](#), Philipps spoke out against costar Franco for assault, according to *Radar Online*. Philipps claimed Franco got physical with her while filming a scene for a recent movie. She said she was directed to gently hit her costar in the chest. After she delivered her line, Philipps says Franco broke character, screamed in her face and shoved her to the ground. Philipps and Franco played love interests Kim Kelly and Daniel Desario in the first season of NBC sitcom *Freaks and Geeks*. According to [UsMagazine.com](#), Philipps also recently opened up about details of a personal sexual assault at the tender age of 14 that led to self-harm. The actress is now married to producer Marc Silverstein, and they are celebrity parents to two daughters Birdie and Cricket.

In celebrity news, Busy Philipps is calling out James Franco for assault. If you've been a victim of assault, what are three things you should do?

Cupid's Advice:

Assault of all kinds is no laughing matter, millions of women and men experience it every day. Cupid has some tips on what to do if you've been a victim of assault:

1. Talk to someone: It doesn't matter who it is, your parent, a friend, a counselor. Just get what's happened to you off your chest. It will be scary and painful, but you will feel better, even if it's just a little bit. Holding on to what happened to you is not good for you. Talk about it when you're ready, but know there is someone who wants to listen to you.

Related Link: [Celebrity Parents: Busy Philipps Says Husband 'Didn't Try' to Be a Dad Initially](#)

2. It's not your fault: You didn't do anything to deserve this. Don't blame yourself for someone's actions. Nothing excuses assault. Assault happens to people of all races, gender, ages and sexual orientations. Nothing about who you are or what you did caused your assault. It may get worse before it gets better, but there is a light at the end of the tunnel. You will heal.

Related Link: [Celebrity News: Khloe Kardashian Says She Is 'Brutally Broken' After Acting 'Gentle to Others'](#)

3. You are not alone: There are people who care about you. There are people who want to listen to you and help you. There are service providers who will be able to support you as you heal from the experience. The support you need is out there.

4. You have rights: You have every right to decide how you respond to what happened. You can report with law enforcement, or not. If it's a sexual assault you can get an exam completed, or not. You can have medical care, such as receive treatment and prevention of STD's, HIV and Pregnancy or not. Its your decision, just know that you have that right.

What are tips on what to do if you've been a victim of assault? Share your thoughts below.