

Celebrity Wedding News: Pregnant 'RH0A' Star Porsha Williams Is Engaged to Dennis McKinley



By [Courtney Shapiro](#)

In [celebrity wedding](#) news, *Real Housewives of Atlanta* star Porsha Williams is pregnant and recently engaged to Dennis McKinley. The [celebrity couple](#) announced their relationship in June and are expecting their first child together. *UsMagazine.com* confirmed the news when Williams posted on her Instagram, revealing the massive diamond engagement ring. Williams was previously married in 2013, but sees herself as a “hopeless romantic.”

In celebrity wedding news, *Real Housewives of Atlanta* star Porsha Williams is both pregnant and engaged. What are some ways to adjust to big life changes involving marriage and kids?

Cupid's Advice:

How can you adjust to life changes involving marriage and kids? Cupid has some advice:

1. Take time to get used to the new lifestyle: No one expects you to be a perfect wife or mother right away. Learn what you can and take it one day at a time.

Related Link: [Celebrity Parents: Busy Philipps Says Husband 'Didn't Try' to Be a Dad Initially](#)

2. Give yourself space: It's okay to step back from everything and take some "me" time. Allowing yourself to breathe and relax on your own will help give you a positive mindset for facing family challenges.

Related Link: [Celebrity Baby News: Jason Aldean & Wife Brittany Reveal Sex of Baby No. 2](#)

3. It's okay to ask for help: No one expects you to completely adjust right away. Ask your parents, other family members, or friends for help and support as you get acclimated to the changes happening in your life.

How have you handled big life changes? Let us know below!