

Celebrity Exes: Tate Donovan Says He was 'Dying Inside' Working with Ex Jennifer Aniston on 'Friends'



By Ivana Jarmon

In the latest [celebrity news](#), Tate Donovan broke his silence on his break-up from [celebrity ex Jennifer Aniston](#). In 1994, the *Argo* actor guest starred on the famous NBC comedy show *Friends* for a six-episode arc. During that time, Donovan and Aniston were unfortunately breaking up in real life. Reporting exclusively to [UsMagazine.com](#), Donovan said, "I was just happy to be on the team. The only bummer was Jennifer and I were breaking up at the time. And so that was tricky to sort of act

like we are just meeting each other, and falling in love, when we're sort of breaking up. That was tough." Donovan went on to say that because of the break-up, the arc for his character Joshua, a personal shopping client of Rachel Green's (Aniston) at Bloomingdale's, only lasted six episodes. But, those who knew of their break-up such as Aniston's co-stars, were very compassionate about the whole situation. The actors were all able to remain professional.

These celebrity exes kept it professional at work even though they were going through a break-up in real life. What are some ways to stay professional at work even if you work with your ex?

Cupid's Advice:

Break-ups aren't easy, especially if you have to continue seeing your ex on a daily basis at work. Cupid has some tips:

1. Keep it professional: Work is work. Keep your personal life out of it. Even if you feel like you're dying inside, take a deep breath and keep it moving. Be civil to one another, even if he or she isn't.

Related Link: [Celebrity Break-Up: Justin Theroux Had 'Reservations' About Marrying Jennifer Aniston](#)

2. Fake it until you make it: Paste a smile on your face and act like nothing is bothering you. Don't risk your job for an ex; keep your work life free of drama.

Related Link: [Celebrity Break-Up: Justin Theroux Is Spotted with Aubrey Plaza Post-Split from Jennifer Aniston](#)

3. Don't date your coworker in the first place: Plain and simple. Dating a co-worker may work for some, but certainly not all. If things go south, it may get very awkward very quickly at your work place. This won't only affect you, but also your coworkers. Tensions may escalate quickly. There's no reason you should have to see your ex daily. It's extremely hard to make a clean break, but it's almost impossible to make one when you share an office.

What are some survival tips to stay professional at your workplace while working with an ex? Share your thoughts below.