

# Celebrity Break-Ups: Ashlee Simpson Wasn't Totally Surprised By Jessica Simpson & Nick Lachey's Split



By Ivana Jarmon

According to *UsMagazine.com*, singer/songwriter Ashlee Simpson, 33, open up about her reaction to sister [Jessica Simpson](#) and Jessica's ex Nick Lachey's [celebrity break-up](#) on *Watch What Happens Live with Andy Cohen*. This took place while playing a round of no-holds-barred "Plead the Fifth" on Tuesday, September 4th. In 2005, then [celebrity couple](#) Jessica Simpson and Nick Lachey's split rocked the celebrity world. After five years of marriage, the pair announced they were separating.

Within the following month, Simpson filed for divorce citing “irreconcilable differences.” But, for Ashlee Simpson, her sister’s break-up wasn’t all that surprising. Andy Cohen asked her, “On a scale of 0 to 10, how surprised were you by the split of Nick Lachey and your sister? Ten being the most surprised.” Simpson gave a coy smile to her husband Evan Ross, before answering, “A five.”

**This celebrity break-up happened a long time ago, but it was a big deal in the celebrity world at the time! What are some ways to keep your break-up from being breaking news?**

#### **Cupid’s Advice:**

If you go through a break-up, the last thing you want is for it to be the talk of the town. Cupid has some tips:

**1. Privacy is key:** The truth is, no one needs to know about your split. Keep your lips sealed. It’s your business and your business alone. Of course you’ll want to tell a trustworthy few like family and close friends, but no one else needs to know your business. Don’t confirm anything unless you feel ready. Don’t ever feel pressured to confirm something or make any announcements.

**Related Link:** [Celebrity Relationship: Jessica Simpson Celebrates 7-Year Anniversary with Eric Johnson](#)

**2. Don’t bash each other:** After a break-up, make a pact with your ex to not throw each other under the bus no matter the circumstances. No bashing each other in public or on social

media. Why? The fact is, it's plain rude and shows you have no respect for that person or yourself.

**Related Link:** [Jessica Simpson Runs Into Ex Nick Lachey](#)

**3. Platform:** Your break-up is only news if you put your relationship on such a platform where people will see it. A real relationship doesn't belong in the public eye; it's between two people. Keep your relationship and lack thereof to yourself! It doesn't belong on social media, television or anything that lets others sneak a peek into your personal life.

**What are some other ways to keep your relationship from being big news? Share your thoughts below.**