

Celebrity News: Ben Affleck Checks In to Rehab After Intervention with Jennifer Garner



By [Haley Lerner](#)

In [celebrity news](#), [Ben Affleck](#) checked in to rehab on August 22 after an intervention by estranged wife [Jennifer Garner](#) and a sober coach. According to *UsMagazine.com*, a source said Affleck knew he needed help and asked for it. An eyewitness at the scene of the intervention at Affleck's home in Pacific Palisades said at one point Garner came outside shaking. After the intervention, Affleck and Garner left his house in a car together, stopped at a Jack in the Box and drove to Malibu.

Garner has supported Affleck through his addiction struggles even though the two split up in 2015 and filed for divorce in 2017.

In celebrity news, Ben Affleck checked into rehab with support from his family. What are some ways to support a partner who has a substance addiction?

Cupid's Advice:

Substance addiction is a tough battle, and if your partner is going through it, it can be difficult. Cupid has some tips on how to support your partner:

1. Get them help: The most important thing you can do for your partner is to get them help for their substance addiction. Whether it's having an intervention, taking them to rehab, getting them a therapist or some other form of treatment, it is definitely necessary for them.

Related Link: [Celebrity Break Up: Jennifer Garner Wants Ben Affleck to "Work on His Health" Before Finalizing Divorce](#)

2. Be there for them: Right now, your partner needs you to be loving and supporting while they are going through a hard time. Be there to talk to them whenever they need it and make it clear you aren't going to leave them.

Related Link: [Celebrity News: Jennifer Garner 'Doesn't Want' Her Kids Around Ben Affleck's GF Lindsay Shookus](#)

3. Help them find new outlets: If your partner is out of rehab but still is in a tough place from their substance abuse, help them find new fun outlets to spend their time and enjoy life.

Show them you still want life to be fun for them and take them on fun dates and outings.

Have any more tips on how to help a partner how has a substance addiction? Comment below!