

'Teen Mom' Leah Simms Was Overwhelmed with Wedding Plans



It's hard enough planning your wedding without kids, but add twin 15-month-olds to the mix and it can be even more stressful! Just ask *Teen Mom 2* star Leah Simms. The 18-year-old mom, who was planning her upcoming nuptials with her babies' father Corey in the show's latest episode, was beginning to get frustrated with wedding planning and raising her kids at the same time, according to UsMagazine.com. "I'm getting frustrated about it. I haven't got my dress, Corey hasn't gotten my wedding band," Leah told her mom, Dawn. "We were talking today about postponing it, but I don't know what we're going to do. I'm completely stressed out about it."

How can you avoid getting stressed by wedding planning?

Cupid's Advice:

Your wedding will probably be the happiest day of your life, but it's not easy getting it to run smoothly. Cupid has some tips on how to cut back on the frustration of the planning process:

1. Think in perspective: Let's face it. Your wedding is just one day out of the rest of your lives together. Of course you want everything to run smoothly and be memorable, but chances are that the fact that you're marrying the love of your life will trump anything that goes wrong with the cake.

2. Delegate: The best thing you can do is give the people who care about you jobs to do. Your wedding party, family and close friends will be more than willing to help in any way they can!

3. Plan in advance: Get everything done as early as possible, so that you can relax in the weeks leading up to your big day. Make sure you aren't stressed from planning right before you wedding.