

Celebrity Break-Ups: Nikki Bella Reveals the Moment She Knew She Couldn't Marry John Cena



By [Haley Lerner](#)

In recent [celebrity news](#), Nikki Bella revealed on Sunday's episode of *Total Bellas* the moment she realized she could not marry John Cena. According to *UsMagazine.com*, the pair called off their engagement after six years together in April. Cena and Bella were supposed to tie the knot in Mexico on May 5, but have since been spotted together in San Diego. On Bella's reality show, she divulged that wedding dress shopping something "didn't feel right" and she felt "overwhelmed" by

her engagement party. "I honestly feel like I'm about to have an anxiety attack," The *Total Divas* star said. "I just feel like I'm on this roller coaster of emotions and I feel like I'm going to explode. It's just all too much for me." Bella explained that her apprehension was because she realized she wanted to have children, but she knew Cena did not. "I just know deep down I want a baby," Bella said. But, it seems Cena might have changed his stance on parenthood in an attempt to win his ex-fiance back after this [celebrity break-up](#). The actor appeared on the *Today* show earlier this month and said he still loves Bella and "would love to have a family with Nicole." Cena said, "I love her. I want to be with her. I want to make her my wife. I want to be the father of her children. I just want us to work."

Nikki Bella shed some more light on her celebrity break-up from John Cena. What are some ways to know your relationship won't stand the test of time?

Cupid's Advice:

It's difficult when the future of your relationship is uncertain. Cupid has some signs that your relationship is on its way out:

- 1. How you resolve conflict:** The way you and your partner fight is honestly a great way of seeing how the rest of your relationship will pan out. To start, you shouldn't be dating someone who you're always fighting with. But, when the inevitable fights do occur, it's important that you and your beau manage the conflict with maturity and respect. If all your fights remain unresolved, your relationship won't survive

for long.

Related Link: [Celebrity Break-Ups: Nikki Bella & John Cena Call It Quits & End Engagement](#)

2. You want different things: Just like Bella and Cena, having different major desires in life is a big reason many relationships fail. If you and your partner have totally conflicting career paths, interests and life aspirations, then maybe it's time to end your coupling soon.

Related Link: [Celebrity News: Nikki Bella Is Still 'Spending Nights' with John Cena at His Home](#)

3. Lack of passion: For a relationship to last the long run, there has to be a true spark between both people. If you love your partner, but there isn't spectacular chemistry, then it might be time to let them go. Eventually, that lack of passion could cause conflict in the future.

Have any more ways to realize your relationship won't make it far? Comment them below!