

Royal Celebrity Wedding: Prince Harry & Duchess Meghan Tie the Knot & Release Official Photos



By Rhodesia Williams

In [celebrity news](#), the anticipated royal wedding has come and gone. The [celebrity couple](#) had their wedding this past weekend as millions tuned in to witness the royal union between Prince Harry and Meghan Markle. According to *UsMagazine.com*, the portraits of the Prince and Duchess have been released. As anticipated as this wedding was, media outlets are still buzzing about the [celebrity wedding](#).

This royal celebrity wedding was highly anticipated and watched by millions. What are some ways to cope with your anticipation of your big day?

Cupid's Advice:

Your wedding day is one of the most anticipated days of your life. Typically people count down from months, to years before their big day. Cupid has some advice to cope with the anticipation of your big day:

1. Celebrate: This is a huge step in your life and is definitely a time to celebrate. With the drama and stress that surrounds weddings, you need time to relax and let loose. Besides the bachelor/bachelorette parties, maybe have a night where everyone can come together and relax together.

Related Link: [8 Things Your Wedding Can Do Without](#)

2. Anticipate: Now, this may sound negative, but it can be a very effective tool to use. It's simple; if you anticipate drama and mistakes with the thought, "What's the worst that could happen?" you will get through the weeks leading up to the big day. It's almost like reverse psychology. You will mentally be prepared for anything thrown at you.

Related Link: [Relationship Advice: How to Compromise on Planning Your Nuptials](#)

3. Reminders: Sometimes you need to remind yourself that it is one day in your life. Mentally preparing yourself is often a great tool when dealing with stressful situations. Remind yourself that you and everyone else are only human and nothing is perfect. You can only do the best that you can and that,

itself, will be good enough.

Do you have any thoughts on how to cope in anticipation for your big day? Share below.