

# Celebrity Break-Up: 'Vanderpump Rules' Star Jax Taylor Explains Why He Broke Up with Brittany Cartwright



By [Carly Horowitz](#)

The emotional [celebrity break-up](#) of *Vanderpump Rules* stars Jax Taylor and Brittany Cartwright aired on Monday. Taylor owned up to his shortcomings and suggested that they split because he was not happy with himself. This break-up was filmed in August 2017 and since then, the pair has actually been trying to make their relationship work, according to [UsMagazine.com](#). On Tuesday, Taylor confirmed on Twitter that the two are indeed still a [celebrity couple](#) now and he added, "I was a

mess but each day has gotten better. I'll never be perfect I know this, but I do know that I have the best partner a guy can ask for, and all I care about is being the best I can for her here on out." Taylor realized during their short split that Cartwright made him want to be a better man and he did not want to loose her. This [celebrity relationship](#) has been through many ups and down but right now they seem to be at an up!

## **This celebrity break-up left us with mixed feelings. How do you know when it's time to break up with your partner?**

### **Cupid's Advice:**

There are clearly not any tell-tale signs that it is time to break-up with your partner. Jax thought it was the best idea at the time but then he realized he was wrong. Yet, there is not a right or wrong answer to anything. You can only do what feels right in your heart in the moment. But, there are some specific indications that the relationship you are in may not be the best for you right now:

**1. You find yourself wanting to do other things than spend time with your partner:** If you would seriously rather lay in your bed and watch Netflix alone then go out with your boo, then that may be a problem. It is understandable to want your alone time sometimes, but it should not feel like a chore to go spend time with the one you love.

**Related Link:** [No Celebrity Baby Here! 'Vanderpump Rules' Stars Brittany & Jax Have Pregnancy Scare](#)

**2. You bicker about everything:** It is okay to not agree with

your partner all the time, but if it has come to a point where bickering is draining both you and your partner, you need to have a talk. Are you bickering about small things all the time because there is something big that is bothering you both deep down? Be open and honest with each other and try to get your relationship happiness back before it is too late.

**Related Link:** [Celebrity Divorce: 'Vanderpump Rules' Star Lala Kent's Married Boyfriend Is Officially Divorced](#)

**3. You constantly think about what else is out there:** Is there someone out there who likes painting as much as I do? Do all partners snore so loud? Your loved one's traits should be endearing to you. It definitely may be time for a break-up if you constantly fantasize about if other people may be a better fit for you. Remember that everything is what you make of it. If you find yourself feeling this way but you do want to make it work, you can! You two just have to try together to get back on the right track. But if you find yourself feeling like this and it makes you realize that you really do not see a future with this person, then end it and be confident that your true love is out there and you will find them soon.

**How else might you know when it's time to break-up with your partner? Comment below!**