

Celebrity Couple News: Justin Timberlake Shares Sweet Instagram Photo, Saying Wife Jessica Biel Has His Back



By [Jessica Gomez](#)

In [celebrity news](#), [celebrity couple Justin Timberlake](#) and [Jessica Biel](#) are cuter than ever. According to [UsMagazine.com](#), Timberlake posted a photo of the couple on Instagram. He was fixing his beanie in the mirror while Biel hugged him from behind. Her face was hidden, but her hubby tagged her. The photo's caption read: "She's got my back." Adorbs! The couple has been together for 11 years so far, and we can see them being together for a lifetime!

This celebrity couple is still going strong after 11 years together. What are some secrets to making a long-term relationship work?

Cupid's Advice:

There are many aspects of a relationship that contribute to a couple not only staying together, but being happy and strong. Cupid has some [love advice](#) on ways a relationship stays long-term:

- 1. Having trust:** Trusting one another is absolutely essential.

When you both trust each other to the fullest, the bond between you two will be incredible. It's an amazing feeling to be able to trust and be trusted. Not having trust issues is also a big part of avoiding many conflicts.

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2. Spending quality time: Quality over quantity. Many couples that have been together a while spend a lot of time together either by choice or because they live together. However, being around each other all the time does not mean that you're enjoying the time spent together and continuing to get to know each other. You can always learn more with and about your partner, and there are always new things to do and new places to go. The list is endless!

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3. Communicating effectively: This is important for any relationship. If you do not communicate effectively that opens room for misunderstandings and tough fights. You need to be able to listen and speak to each other in a straight forward and honest manner, making sure to take each other's feelings into consideration.

What advice do you have on maintaining a long-term relationship? Comment below!