

Alyssa Milano Is Expecting a Boy

Alyssa Milano can't keep a secret. This week, the pregnant 38-year-old actress revealed to fans the sex of her baby, according to [People](#). "As fun as it was reading all of your gender predictions on Twitter, I'm really bad at keeping secrets and had to share (not to mention, I was bound to unintentionally slip at some point)," Milano wrote on her website. "David and I are elated to announce that we are having a baby boy. We can't wait to meet him. Boys names, anyone?" The *Who's The Boss* and *Charmed* actress has been married to husband David Bugliari since August 2009.

Should you name your child after a family member?

Cupid's Advice:

When choosing a baby name, you can go the traditional route and name your child after a family member, or you can come up with a totally new and different name. Cupid has some tips on how to know what name is right for your baby:

1. Keep it in the family: If there is someone really special to you in your family that you want to honor, name your child after a family member. Many people use their father or mother's names or reuse an old family name and make it new.

2. Use the middle name: Just because you don't choose a family name for your child's first name doesn't mean you can't still respect tradition. If you want, use a relative's name for your child's middle name.

3. Try something new: If you want to totally depart from traditional family names, go for it. Name your child after a

song, an actor, a writer... or just pick a name you heard and liked.