

# Celebrity News: Kaley Cuoco Says First Husband Ryan Sweeting 'Was Not the Person I Originally Met'



By [Carly Horowitz](#)

According to [People.com](#), [Kaley Cuoco](#) is thinking back to what went wrong in her relationship with Ryan Sweeting. She reveals that due to the drastic personality changes that she noticed in Sweeting as their relationship went on, she was a little reluctant to embark upon another [celebrity wedding](#). "The person I ended up with was not the person I originally met. And that wasn't my fault – that was his," she said. Luckily, she was able to get past this lack of trust for a new partner

and is now engaged to Karl Cook. Cuoco says this is now her “perfect match.” Best of luck to this [celebrity couple](#)!

**This [celebrity news](#) isn't exactly shocking, as Kaley and her first husband are no longer together. What are some ways to know the person you're with is not for you?**

### **Cupid's Advice:**

The relationship you have with your partner should just feel natural. You may love the idea of someone, but yet they are not completely right for you. Here are some ways to know if it is not a perfect match:

**1. You are not best friends:** Your partner should be your best friend, your go to, the first person you want to share exciting news with. If you are feeling a disconnect on the friendship level, you may need to rethink if this person is right for you. It may take some time to get to that comfortable point of being best friends, so don't jump to conclusions if you have not been with your partner for a while.

**Related Link:** [Celebrity Wedding News: Kaley Cuoco Opens Up About Wedding Planning](#)

**2. You hold back:** You should be able to be your trust self around your partner. There is no need to feel any sort of self-consciousness around them. If you find yourself holding back things you want to say or do in fear of judgment in your relationship, then that isn't the best sign.

**Related Link:** [Celebrity Wedding: Kaley Cuoco Is Engaged to](#)

## [Karl Cook After Emotional Proposal](#)

**3. You feel a disconnect:** You will know. It is usually clear after a while of being with someone if they are not right for you. Something is just missing but you can't really tell what it is. It's okay, now is the time to express your feelings and move on to better things.

**What are some other ways to know that the person you are with is not the best for you? Comment below!**