

Date Idea: Get in Gear for the New Year



By [Jessica Gomez](#) and Shannon Seibert

You may think New Year's resolutions are old-fashioned, but there's a great sentiment behind them. Rather than planning year-long objectives, follow these [date night](#) ideas and set small goals with your love. In relationships and love, people tend to take on more than they can handle alone. Buckle down with your significant other and get realistic together. Celebrate the holiday season before ringing in the New Year. Use this time to see what direction you both want to head in your partnership.

Cupid has some advice on strengthening your partnership in the New Year. Here are a few date ideas that will be productive for you and your lover:

By following these small pieces of dating and [relationship advice](#), you are sure to strengthen your love in the long run.

Go to the gym together: Get your sweat on! Thinking of goals is the easy part of New Year's resolutions – it's sticking to them that's so hard! We've all seen the people who want to "get fit this year" and crowd the gym for the month of January, but are no where to be found by the middle of March. Set goals with your partner that are achievable.

Related Link: [Date Idea: Create Magic in Your Relationship](#)

Give to yourselves and to others: Give to yourselves by taking a couple's trip, like taking a weekend getaway within the next two months. And give to others by spending one day each month giving back to our community. There are many ways to help out, so choose a cause you and your other half are passionate about and go for it!

Related Link: [Date Idea: Couple Up with Game Night](#)

Go on dates weekly: Any date! Be spontaneous! If there are small aspects of your partnership that you'd like to work on with your partner, tonight's the night to tell them. If your significant other has a busy career that involves a lot of travel, make a goal for more communication throughout the week. Agree to pursue a date each week, whether they are home dates or outdoor dates. Break down your schedules and pick a night that would work for both of you, and get ready for some

fun!

Break each goal down into time increments to solidify the commitment you and your honey make. As you ring in the New Year together, keep in mind that your relationship is what you make it. Reaching these small goals will lead to something even bigger than the both of you could've imagined!

What are some New Year's resolutions you've made with your partner? Share them with us in the comments below!