

Celebrity Break-Ups: Find Out Why Justin Bieber & Selena Gomez Are Taking a Break



By [Jessica Gomez](#)

In [celebrity news](#), [celebrity couple Justin Bieber](#) and [Selena Gomez](#) put their relationship on hold due to her family's disapproval of Bieber, according to [UsMagazine.com](#). "Selena and Justin decided to take a break mainly because of Selena's mom and her disapproval of Justin," a source said. "Justin's family loves Selena, but Selena's family has put her in a very conflicting spot because they still don't trust Justin. Selena has tried to convince her family that Justin has changed ... but her family just isn't budging right now." Because Gomez's

relationship with Mommy Dearest was affected after she got back with Bieber, there is tons of pressure and negativity in the air. "It's been hard for her because she is super close with her mom. Her mom was her rock when she was having her health complications," the source added. "Justin and Selena decided to take a break to give her family some more time to heal and take in the idea of her and Justin being a couple again." As if that's not enough, Bieber "doesn't care about anyone but himself," another source said. "The second she saw it, she walked away, especially now with her health. She knows she doesn't need him." Let's see what happens in this messy situation.

This [celebrity break-up](#) is said to be sparked by Selena's mom. What are some ways to deal with a parent who doesn't like your significant other?

Cupid's Advice:

Being with and loving someone who your fam does not approve of can be stressful and just plain hard. Cupid has some [love advice](#) on things to consider and how to deal with a parent not liking your partner:

1. Consider if your partner is worth the fight: This may sound harsh, but if you're close to your family, you have to evaluate this. Is this person for right now or are you guys both thinking long-term? You have to assess the seriousness of your relationship before you go jumping through hoops for a person that may not be there in the not-so-distant future.

Related Link: [Celebrity News: Justin Bieber Celebrates 24th Birthday Without Selena Gomez](#)

2. Communicate with your family and partner: If you're serious about your partner, then you have to talk with both parties about the situation. First talk to your fam. Express to them your feelings about the person and relationship, and don't forget to include how the disapproval is affecting you. Do the same with your partner –discuss your feelings about them and your family, along with the way their disapproval of them is affecting you and your relationship. Sometimes it will take more than communicating, but communicating constantly is important.

Related Link: [Romantic Getaway: Justin Bieber & Selena Gomez Sneak Away to Laguna Beach](#)

3. Take some time apart if needed: This may not work for everyone, but it may work for Selena Gomez and Justin Bieber, we'll see. Taking a break isn't ideal for every relationship, so you must know if it is something that is convenient and can help yours. Taking time apart may show your family that you really care about their opinions and it can even show them how you are affected by not being with your partner. This should not be taken as a sign of submission, but as a way to cope in the meantime.

Best of luck to any of you facing this issue! Share your stories below!