

# Celebrity Couple News: 'Bachelor' Arie Luyendyk Jr. & Lauren Burnham Have First Date Night Post-Engagement



By [Carly Horowitz](#)

In [latest celebrity news](#), Arie Luyendyk Jr. and Lauren Burnham are spotted on their first public [date night](#) since their [celebrity engagement](#)! According to [UsMagazine.com](#), the pair was seen at New York City's Japanese hotspot Megu on Wednesday. Arie and Lauren seemed to have a great time as they spent three hours in the private dining room. Although the duo seems very happy together, [The Bachelor](#) fans are still upset with Arie for proposing to Becca Kufrin, and then breaking off

the engagement to propose to Lauren soon after. It makes it a little better now that Becca gets to be the star of season 14 of [The Bachelorette](#) and hopefully find true love herself.

**This [celebrity couple news](#) is garnering mixed reactions from *Bachelor* Nation. What are some reasons to ignore scrutiny of your relationship?**

### **Cupid's Advice:**

People will always have opinions about aspects of your life. That's okay if you learn how to deal with it and just let it go. Here are some reasons why you should ignore this criticism and not let it get to you:

**1. They don't know your feelings:** No one in this world is able to grasp your true feelings deep down. So how do they have the right to judge you? If you love someone and you want to be with them, that's all that matters.

**Related Link:** [Celebrity News: Arie Tells Two Women He Loves Them Ahead of 'The Bachelor' Finale](#)

**2. It may not be about you:** Don't let scrutiny get under your skin because these people may be critiquing your life, yet they are doing this because they are not happy with aspects in their own life.

**Related Link:** [Celebrity News: 'The Bachelor' Arie Luyendyk Jr. Proposes In a Dramatic Finale Episode](#)

**3. Jealousy:** People may have such strong opinions about your life simply because they are jealous of you! Why else would

they be taking so much time out of their day to analyze every aspect of your life and pick out the parts they don't agree with?

**Why else should you ignore criticism? Comment below!**