

Celebrity News: Selena Gomez & Justin Bieber Taking a Break, But It's Not a Break-Up



By [Jessica Gomez](#)

In [celebrity news](#), [celebrity couple Selena Gomez](#) and [Justin Bieber](#) are putting things on hold, but it's not over. According to [EOnline.com](#), multiple sources explained that Gomez and Bieber are giving one another space, but they talk often. Seems like this couple is working through their problems and not calling it quits just yet, after they rekindled their romance in November. "They were having a lot of little disagreements recently and one fight in particular

blew up and caused them to decide to 'break up,' however, they've been in contact the entire time and their feelings for each other have not changed," said a source. "They will absolutely get back together and they are not over, but they both need some time away from each other." To add on, another source explained that not seeing eye to eye is the issue on top of the pressure the couple receives from their relationship being in the public eye. Can Jelena make it through? We shall see!

In this celebrity news, Jelena are dealing with some relationship issues. What are some ways to get through a tough period in your relationship?

Cupid's Advice:

No relationship is perfect, we must know this. When problems arise, we must face them head on in order to make our relationship work. Cupid has some [love advice](#) on how to get past those rough patches:

1. Communicate effectively: You will always get this dandy piece of advice when it comes to relationships! Communicating effectively is essential. It may seem like a no-brainer, but people have different communication styles, and many do not know how to communicate properly. The important thing is to listen intently, process what your partner is saying, consider their stance and feelings, and discuss your side of it as clearly and patiently as possible.

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2. Never disrespect: Respect is similar to trust in the fact that once you disrespect someone, it opens up a whole world of problems like when you no longer trust someone. Always be considerate of your partner's point of view and feelings. If you care about someone deeply, why disrespect them. Sometimes this is easier said than done, because things can get heated. The key is to stay as relaxed as humanly possible and try to work things out with your other half.

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3. Take space if needed: Jelena has the right idea here. Sometimes a couple just needs space. If this is the case, it is important that you both agree on it before taking this step. Create "guidelines" so that you are both on the same page and know what to expect during this period. Taking time apart can either help or hinder a relationship, so ponder this decision before making it to ensure it is the right one for your relationship.

Have any tips for when we have relationship problems? Share below!