

No Celebrity Baby Here! 'Vanderpump Rules' Stars Brittany & Jax Have Pregnancy Scare



By [Carly Horowitz](#)

In [latest celebrity news](#), last night's episode of *Vanderpump Rules* took us down an emotional journey including funding struggles with Lala Kent's new album, James Kennedy's drunkenness, Billie Lee's transgender difficulties, and of course Brittany Cartwright and Jax Taylor's pregnancy scare. While on a [romantic getaway](#) in Las Vegas with some other friends, [celebrity couple](#) Cartwright and Taylor thought they might have created a baby! The results ended up being

negative.

There won't be a [celebrity baby](#) for Brittany and Jax. What are some ways to deal with a pregnancy scare?

Cupid's Advice:

Getting pregnant is a wonderful blessing. Although sometimes, you may not be ready for a baby at this certain time in your life, and that's okay. Even though children are a gift, it may be stressful if you don't feel prepared to receive this gift just quite yet. Here are some ways to deal with a pregnancy scare:

1. Breathe: Just breathe. It is overwhelming to think you may be carrying a baby when you are not quite ready to do so yet. It is all okay though, I promise. Take a deep breath and realize that whatever is meant to be, will be. Everything happens for a reason and you can deal with whatever comes your way!

Related Link: [Celebrity Divorce: 'Vanderpump Rules' Star Lala Kent's Married Boyfriend Is Officially Divorced](#)

2. Be aware of your symptoms: There are multiple symptoms that can indicate if you are pregnant...these symptoms also coincide with PMS symptoms, so sometimes, it is very difficult to tell what is actually occurring inside your body. Just be aware of how you are feeling and the changes you are going through. When you are ready, see a doctor.

Related Link: [Celebrity Break-Up: 'Vanderpump Rules' Star Sheana Marie & Robert Valletta 'Kind of Broke Up'](#)

3. Plan: Make a plan for the possibility of if you are pregnant. At this point, it is worth it to ponder about how you will handle this situation if it turns out to be true. Will you keep the baby? Put it up for adoption? There are many options. Thoroughly think this through and rejoice that you get to go through this exciting life experience.

**What are some other ways to deal with a pregnancy scare?
Comment below!**