

# Expert Dating Advice: 3 Dating Myths Busted



By [Whitney Johnson](#)

On this week's [Single in Stilettos dating advice video](#), founder and relationship expert Suzanne Oshima talks to relationship author Wendy Newman to prove three dating myths wrong and offer their best [expert dating advice](#). "I think a lot of people believe things that just aren't true," Oshima shares.

## Relationship Author Wendy Newman Shares Expert Dating Advice

**1. Women only date to find a partner, and men just date for fun:** "The root of this myth comes from the idea that women and men approach dating differently – and I've got to tell you, I

think men have it right,” Newman explains. Women lead with the end game in mind, while men just want to figure out if they want to spend time with their date. It’s that simple for them! “Men will talk about who they are as an interesting person, usually highlighting something fun – and they wish that we would do the same thing,” the relationship author adds. Before they jump ahead to the future, men just want to know if the two of you will get along – not because they’re not serious but because that’s really the most important thing early on.

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**2. Men are non-committal:** “They commit all of the time!” Newman says with a laugh. It does take men longer to commit than women, but there’s a good reason for that: Men are naturally accountable, so they’re not going to say “yes” unless they’re willing to be on the hook for all of it. “Women will commit to a partner, but there are going to be things about him that they want to change,” she explains. Men, however, will sit back and assess the situation first; when they commit, they’re committing to the whole package.

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**3. You slept with him at the wrong time and blew it:** It’s tempting to think you waited too long and he lost interest or you did it too soon and he thought you were easy, but know that men don’t think like that. “They think sex is a fun thing to do with someone they really like, care about, or love. They don’t think it’s the hinge that makes the relationship happen or not happen,” Newman reveals.

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