

Celebrity Divorce: 'Modern Family' Star Julie Bowen Files for Divorce from Husband Scott Phillips



By [Jessica Gomez](#)

In [celebrity news](#), Julie Bowen filed for divorce from husband Scott Phillips on Tuesday, according to [EOnline.com](#). It was revealed less than a week ago that the former [celebrity couple](#), who was married for 13 years, separated. However, Bowen listed their separation date as December 17. She marked irreconcilable differences as the reason for their parting and is asking for joint legal and physical custody of their three children, according to the documents that *E! News* obtained.

This celebrity divorce after 13 years of marriage is very unfortunate. What are some ways to know it's time to move on from a marriage?

Cupid's Advice:

Some of us may try to fight off a divorce for as long as possible... but honestly, that's just a waste of time. Cupid has some suggestions on signs that can mean it's time to move on:

1. You're worried about what your kids, friends, or family will think: Staying together for your children isn't a good idea. And staying together for the sake of dodging judgment from family and friends is even less of a good idea. Those you love don't usually want you to be unhappy, and neither do your children. Kids want parents who are happy and love them. You can go your separate ways, but still be a family. Build a friendship when possible, don't continue building an unhappy marriage. Your friends and family will just need to accept it. You are the one living with this decision, not them.

Related Link: [How to Navigate a Separation](#)

2. You've tried counseling and gave it all you've got, but it's still not working: If you gave it your biggest shot, but you guys are still not coming together the way you should, then it may be a sign that it's time to go. Staying in an unhappy marriage is unhealthy for you. As long as you can look back and say "I gave it my all," there's no shame in knowing it's time for a divorce. Time to take action. All you can do at the end is try, if that doesn't work then there's nothing to do but what's in your best interest.

Related Link: [Why Celebrity Exes Kourtney Kardashian & Scott Disick Are Happier Than Ever](#)

3. You no longer respect nor trust your spouse: Trust and respect are both key things to have in a marriage. Sometimes we can gain that sense of trust and respect back, but sometimes we can't. If you don't see yourself ever trusting or respecting your spouse again, then it's safe to say that your marriage has hit its end point. Being married to someone that is not the same person you married happens sometimes, and it sucks. It really does, but instead of dwelling on it, start making moves.

Related Link: [5 Communication Keys Every Relationship Needs](#)

And just as a last piece of advice: do not continue in an abusive marriage – whether it's physically, mentally, or emotionally abusive! An abusive relationship is one of the biggest signs it's time to leave. Seek help if needed.

What are some ways you knew your marriage or relationship was over? Share below!