

# Celebrity Break-Up: Sarah Silverman Announces Split from Michael Sheen On His Birthday



By [Carly Horowitz](#)

According to [UsMagazine.com](#), Sarah Silverman announced her [celebrity break-up](#) from Michael Sheen on his birthday without realizing the unfortunate timing. Comedian Silverman was able to make light of the situation as she took to Twitter to reveal what she did: "The joke here is I just realized I posted our breakup tweet on his actual birthday and I can't believe what a dick I am," she wrote. "Can u believe it?? He said I wasn't THOUGHTFUL. Jerk... Anyway, Happy Birthday,

Michael...” This former [celebrity couple](#) dated for almost four years.

## **After four years, Sarah and Michael experienced a celebrity break-up. What are some ways to know it's time to give up on a long-term relationship?**

### **Cupid's Advice:**

Sometimes you can get so secure in a long-term relationship that it just seems easier to stay with your partner because it is comfortable. But even relationships that have lasted long may be due for a split. How do you know when? Cupid is here with some advice on how to know if your relationship may be ready for a change:

**1. You only communicate when you have to:** If you are in a long-term relationship, it may seem as if you already know so much about your partner. You may lose that curiosity that was fluttering in the beginning of your relationship. Therefore, you only talk to them when necessary. If you realize this is happening, you can work to change it, but if it feels too forced, that's when you know.

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**2. Time with each other is scarce:** In relation to the point mentioned above, sometimes you can get so close to your partner that you stop going out of your way to make time for cute dates and just special time together in general. Again, you can work to change this, but you need to make sure that your partner is in on it, too. Be open and communicative, and

make the effort if you feel as if your relationship is worth saving.

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**3. You're just not happy:** It is painful when you really do love your partner but you are just not happy in your relationship anymore. It takes maturity to realize this. If you discern that you are simply not happy anymore, bring it up to your partner and see if they are on board for making changes in your relationship. Although, sometimes the best change of all is to take time for yourself and realize your true capabilities outside of this long-term relationship.

**How do you know when it's time to end a long-term relationship? Comment below!**