

# Rachel Bilson & Hayden Christensen Are “Taking a Break”



*The OC* actress, Rachel Bilson, and *Star Wars: Episode II* star, Hayden Christensen, are reportedly taking a break from their engagement, a source told [USMagazine.com](http://USMagazine.com) last weekend. The couple engaged quietly in 2008; however when asked about the wedding by the US Magazine at the TQH/Take No Prisoners Party, Bilson replied, “No, no plans,” and pointed to her ringless finger. A source told the magazine that the couple is “taking about a month off.”

**What are some warning signs that you and your significant other need a break?**

**Cupid’s Advice:**

Not all breaks are a bad thing. Sometimes a little time away is needed to ensure what you have with your partner is right, especially if you're thinking about taking the next step to marriage.

**1. You feel bad about yourself:** The beginning of a relationship always brings highs to your self-esteem. If you no longer feel happy – either with yourself or with the partnership – step back and see if you're happier without your other half.

**2. You don't want to hang out anymore:** If you no longer enjoy conversing with your partner, or find yourself trying to avoid contact with him or her, it's a sign something's amiss. You can't work on a relationship if you can't communicate with each other – or don't want to.

**3. You compare your partner to other people:** The comparison doesn't have to just be physical; intellectual and emotional comparisons may be more meaningful, especially if you're looking at things your mate has no power to change.