

Celebrity Break-Ups: Jennifer Meyer Says Tobey Maguire Is the 'Greatest Ex-Husband'



By [Carly Horowitz](#)

In [latest celebrity news](#), Jennifer Meyer classifies her [celebrity ex](#) Tobey Maguire as her “best friend”. According to [UsMagazine.com](#), this [celebrity break-up](#) worked out as well as can be expected, as the couple really put their children first. After being together for nine years and having two children together, daughter Ruby, 11, and son Otis, 9, Meyer and Maguire have seemingly cracked the code to healthy celebrity break-ups.

This celebrity break-up didn't leave any hard feelings. What are some ways to build a friendship with your ex after a break-up?

Cupid's Advice:

It takes a good amount of maturity and open-mindedness to be able to co-exist with your ex in a healthy manner without any hard feelings. It's so important to make it work for your kids, and getting along helps with the process. Even if you don't share children together, it is still possible to build a friendship with your ex after a break-up. Cupid has some advice:

- 1. Don't doubt the break-up:** If you are going to commit to

being friends with your ex, then that is exactly what you have to do. Get it through your mind that this is no longer a person that you look at in a romantic way. They are your friend. With that said, you both may need some mourning time before you begin to form a friendship. Allow that time for yourselves before forcing things. Once you do venture down the path of friendship, try not to get so close that you begin to doubt that you broke-up in the first place. If it is meant to be, it will be, and you can make that judgement call along the way. That being said, try to stick to just being friends again at first.

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2. Accept the new relationship: Don't go into the friendship with your ex with the same expectations that you had when you were in a relationship with them. It is going to be different. You won't spend as much time together and the way you interact is going to be altered. Don't get hung up on the past and long for that relationship. Rather, embrace this new pleasant friendship that you have formed.

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3. Go into it with a positive attitude: This is the key for everything. If you keep your mind focused on the fact that you are excited to have this healthy new friendship with your ex, then that is what will occur. If you litter your mind with doubt that this won't work out or you feed into the disapproving thoughts of others, you will become consumed with looking for a reason to make it not work. Stay positive!

How have you made efforts to build a friendship with your ex? Comment below!