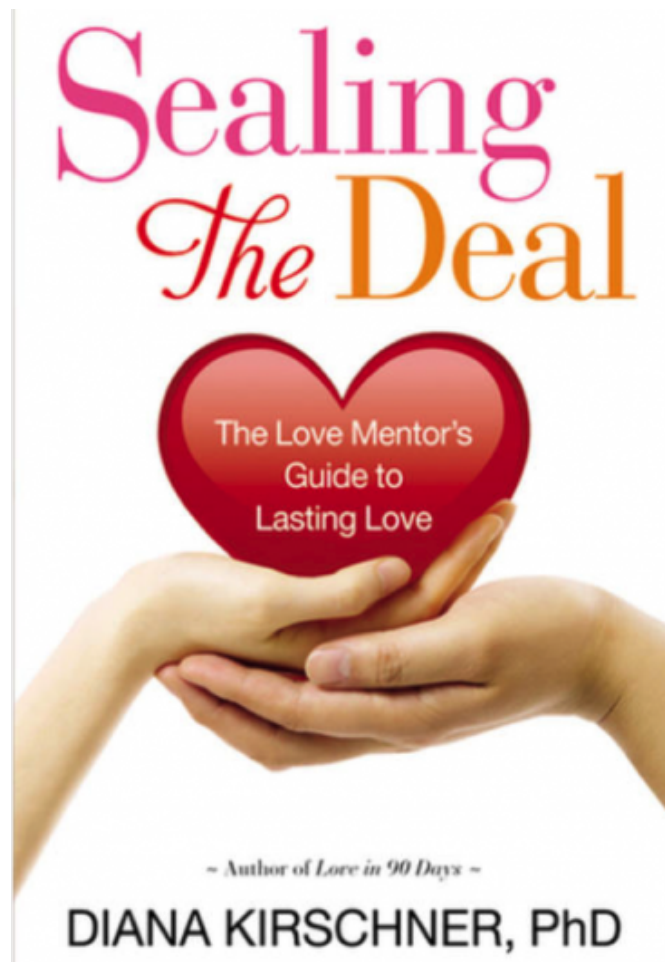


Giveaway: Diana Kirschner, Ph.D. Discusses Building A Successful, Committed Relationship with 'Sealing the Deal'



This post is sponsored by Dr. Diana Kirschner.

By Tanni Deb

Are you or someone you know in a situation where you're having difficulty finding love? Or if you've found The One, do you feel insecure about the future because you don't know where the relationship is heading? If so, psychologist Diana Kirschner, Ph.D., author of *Sealing the Deal: The Love Mentor's Guide to Lasting Love* can help guide you through your love life. As a relationship expert and best-selling author of *Love in 90 Days*, Dr. Kirschner has helped thousands of women find true love. In her latest work, which is based on clinical research and experience, she reveals her strategies of building the perfect relationship, creating a deeper bond, getting him to commit and how to deal with infidelity. She also discusses how to avoid mistakes that can ruin a relationship, the importance of getting a love mentor, things to know if you're considering marriage and even 13 secrets that will make love last – no matter how long the relationship has been.

Cupid interviewed Dr. Kirschner last month via email about her book. Take a look at what she had to say:

Why did you choose to write a book geared towards women who are uncertain about the future of their relationship? What was challenging about writing the book?

I receive a lot of feedback from women who used my first book, *Love in 90 Days: the Essential Guide to Finding Your Own True Love*, to find a terrific man whom they considered to be the One. But sometimes, as they continued dating him, they had anxiety and uncertainty about where things stood. They asked for further advice on how to help things move along from casual to committed.

I have also gotten many emails from women who wanted to turn around a relationship – or even marriage – that was floundering. *Sealing the Deal* is designed to help women solve these love problems. And it works. You can watch the 31-Day

Love Life Makeover Challenge, a video series in which I help 45-year old Nadette use *Sealing the Deal* to reignite her relationship with her ex so that they are madly in love.

In a brief summary of your book, you said that it is possible to “...deepen any relationship – even if you have been dating two months, on and off for 10 years, or in a relationship where you feel uncertain, tense, or afraid that it is ending. Even if your partner has cheated.” Do you think that a relationship can truly survive and be healthy and loving if one of the partners has cheated in the past?

Yes, because people can realize that they have made mistakes, and grow as individuals. Also when the affair comes out they realize that they may be losing their partner. Which sets the stage to appreciate their partner in a whole new way! So it becomes worth it to them to step up, make apologies and reparations and create a whole new level of connection and commitment.

What do you think is the most important step in having a healthy, loving relationship?

Developing loving-kindness towards oneself and towards one's partner.

Did you write *Sealing the Deal* based on the experiences you've had in your relationship and the advices you received?

Yes. I had a brilliant Love Mentor who gave me the support and advice that I used to create my own passionate, lasting marriage of over 25 years. These are the same principles I write about in *Sealing the Deal*.

What is the best advice you can give to women who have a difficult time creating a loving, lasting relationship?

Find a Love Mentor or coach who can give you the support, smart advice and a bit of a kick in the butt as needed in

order to help you move forward in a love relationship.

Cupid thanks Dr. Kirschner for her time! If you're searching for The One or are attempting to keep the passion alive in your relationship, visit Amazon to purchase *Sealing the Deal: The Love Mentor's Guide to Lasting Love*. For more information on Dr. Kirschner and her book, visit her website at www.LoveIn90Days.com.

~~**GIVEAWAY ALERT:** *Cupid's Pulse* has teamed up with Dr. Kirschner to give a copy of **Sealing the Deal** to one lucky reader! To enter, tell us what love problem you'd like to solve in a comment below. Please be sure to use your real email address so we have a way of contacting you if you've won — don't worry, your address won't be shown. If your email is not included you will automatically be ineligible to win. This giveaway will run until **11:59 PM EST on Tuesday, May 3**. Good luck!~~

This giveaway is now closed.