

Eva Longoria and New Boyfriend Eduardo Cruz Make Out at Lunch



It's official: Eva Longoria is over Tony Parker. The *Desperate Housewives* star was recently spotted smooching new beau Eduardo Cruz at an L.A. restaurant, according to [RadarOnline](#). Longoria split from San Antonio Spurs player Tony Parker in November 2010 after three years of marriage. The 35-year-old actress has rebounded with singer (and Penelope Cruz's brother), Eduardo Cruz, 10 years her junior. Last month, Eva tweeted that she is ready to move on. "Starting over is hard to do, but life goes on. I pray for strength, courage and wisdom on my new journey."

After a divorce, how do you start over?

Cupid's Advice:

Once you split from a spouse, it may seem like you'll never be ready to date again. Cupid has some tips on how to get back in the game:

1. Date: Starting over is as simple as this: start dating for fun. Don't expect (and don't look for) a serious relationship right after your divorce, but go out just so you remember there are options out there.

2. Get by with a little help from your friends: Lean on your friends to help you recover after a divorce. Make sure to not spend too much time alone, and you'll be ready to start your new life with the help of your buddies.

3. Try something new: Sometimes you need to do something meaningful to signal a change. It can be anything from a new haircut to a new job to a new city. Making a significant change will help begin the process of starting over.