

Parenting Tips: Rainy Day Activities



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It's raining, and your kiddos are loving the day inside. At first, they're having a blast playing with their toys, but now they're becoming restless with their pent-up energy. (There are only so many toys, after all, you don't have a [celebrity baby](#)!) You still can't go out since it's wet and raining, so what is there to do? If you've ever been in this predicament, you know how frustrating it can be for you and your kids! The days where you can't go outside are always the days that your kids want to go outside the most! Never fear, Cupid is here. The next time rain tries to put a damper to your day, you'll have an arsenal of games and activities ready to go!

These [parenting tips](#) are sure to alleviate rainy day restlessness and boredom!

1. Build a pillow fort: Relive the days of your childhood, and build a pillow fort with your kids! The best forts don't need much: just pillows or couch cushions, blankets, and chairs. Forts are truly a timeless art form and can be used for many different purposes. Your kiddos will have a blast playing pretend all day and hanging out inside!

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2. Create a scavenger hunt: Scavenger hunts are an awesome way to release pent-up energy. You can set the stakes high with a new toy, or simply hide some candy bars. Get bonus points for having a cohesive theme for the entire hunt, such as pirates or princesses. You'll find that your little ones will really get into the theme and feel as though they're actually looking for buried treasure!

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3. Make a mini museum: Make the old feel new again to your kids, and turn your living room into a museum. Have your kids set up shop by making displays of whatever they feel like showing off – toys, books, and pieces of art – the list is endless! Once the museum is “ready to open,” have your kids act as the museum docents and take you on a tour. Encourage them to share the history and backstories of all the items, whether they are true or not!

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4. Get crafty: There are tons of crafts you can do while being

cooped up inside. One of the biggest DIY crafts with kids right now is “slime.” All you need is Elmer’s glue, borax, water, and food coloring! Crafts keep your kids occupied and engaged and truly help develop their creativity. They’ll also have tons of pride once they have a completed product.

5. Bring out the board games: Contrary to what most people may think, board games are still alive and thriving. Kids aren’t just glued to their technology; they still like board games! Rainy days are the perfect opportunity to open that cabinet full of games and spend quality time with each other. These moments will instill many wonderful memories within your kids’ lives, too!

What do you like to do on rainy days? Tell us in the comments – we’d love to hear about it!