

Celebrity News: Jason Kennedy's Wife Lauren Scruggs Defends Him After Co-Host's Exit



By [Jessica Gomez](#)

In [celebrity news](#), Lauren Scruggs, Jason Kennedy's wife, is standing by her man! After her hubby's co-star, Catt Sadler, quit working for E! due to a pay disparity, Kennedy received criticism on social media, according to [UsMagazine.com](#). Scruggs was there to support her hubby though. This [celebrity couple](#) stands strong together – and Scruggs had something to say via Instagram on Dec 21 to defend her man and E!. She wrote, "I believe in female empowerment and gender equality, but it's heartbreaking that a network is being deemed sexist when that is simply not true. At one time my husband had a female co-anchor [Giuliana Rancic] on E! News who made 3 times his salary. Women are paid accordingly on this network, and

the difference in his salary versus hers did not affect Jason. He knows there are always more components to consider when determining one's salary than gender alone... Since Jason was named the permanent anchor of E! News over two years ago, he has had various co-hosts that rotate throughout the week. A permanent co-host has never been named since the last one left 6 months ago."

This celebrity news shows that couples stick together in the good times and bad. What are some ways to support your partner through a controversial time?

Cupid's Advice:

Supporting your partner during tough situations is important. Cupid has some [relationship advice](#) on ways to support your partner:

1. Communicate effectively. Make sure you are listening as much as you are speaking. Sometimes we mistake hearing for listening. The best way to help your partner is to try your best to understand them and prevent misunderstandings, and for that, listening is key!

Related Link: [5 Communication Keys Every Relationship Needs](#)

2. Keep the vibes positive: Positive thinking comes a long way. During any situation, controversial or not, we must keep a positive mind. Remember, "mind over matter." Nothing good will come from thinking negatively.

Related Link: [10 Reasons Chrissy Teigen and John Legend are Relationship Goals](#)

3. Create a judgment free zone: It's okay to give advice, but try not to sound like Judge Judy! Judging can only push people away, not bring them in. Keep an open mind.

What are some controversial moments you experienced with your significant other, and how did you support them or vise versa? Comment below!