

# Celebrity Baby News: Mindy Kaling Gave Birth to Her First Child!



By [Jessica Gomez](#)

In [celebrity baby news](#), Mindy Kaling is now a mom! According to [EOnline.com](#), Kaling gave birth to a baby girl on December 15. Being excited about being a mom, Kaling said on the *Today* show: "I'd like to be the fun mom, I know I'm gonna be the dorky mom. So if I can be kind of fun too, I think that would be nice." And who is this [celebrity](#) mom [dating](#)? We don't know – The baby's father's name is yet to be mentioned!

# Mindy Kaling's celebrity baby is a surprise, especially because the father and his involvement are still a mystery. What are some ways to remain sane as a single parent?

## Cupid's Advice:

Being a parent is tough, being a single parent is even tougher! Be an awesome parent while keeping your sanity! Cupid has some advice:

**1. Plan:** The further ahead, the better. Plan before, during, and after. Planning is your friend. You are less likely to become irritated and stressed when you know what to expect. Be the one in control by setting expectations and goals. Feel free to get your thoughts out on paper, it really helps!

**Related Link:** [Dwayne 'The Rock' Johnson & Girlfriend Lauren Hashian Expecting Second Child](#)

**2. Communicate:** Always keep an open line of communication with your child. Be the type of parent that your child trusts and feels like they can always talk to. When you have a close and respectful bond with them, the parenting role can get a whole lot easier.

**Related Link:** [Anna Kournikova & Enrique Iglesias Welcome Twins](#)

**3. Remain Positive:** It's easier said than done, but don't lose hope! Try to be as positive as you can, even when things look dim. Find the good in the bad, the light in the darkness. A negative attitude will not help. Accept that there will be challenges along the way, and just be ready to take 'em on!

**Single parents, what is your advice? Comment below!**