## Celebrity Baby News: Eva Longoria is Pregnant with Her First Child!





By <u>Jessica Gomez</u>

In <u>celebrity baby</u> news, <u>celebrity couple</u> Eva Longoria and Jose Bastón are expecting a baby boy, according to <u>EOnline.com</u>. Longoria has raved about being a stepmother, and was in no rush to have children of her own. "If it happens, it happens, if it's meant to be it would be a blessing," she said last year. Turns out, it is meant to be!

## Eva Longoria's very own celebrity baby is coming into a full house! What are some ways to prepare stepchildren for a new baby?

## Cupid's Advice:

Parents are not the only ones that need to be prepared for a baby. Everyone in the household needs to be, including children. Cupid has some advice:

1. Involve them: Allow the children to bond with the baby. They can read a bedtime story, play music, or sing. Get them excited to be an older sibling! Or have them talk through your belly. This connects the children to the baby before he or she is even born.

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Jesse Plemons

2. Create rules before the baby comes: Talk to the kids. Keep them in the loop! Let them know how things will be once the baby comes and what you expect from them. This is important so children won't be caught off guard by any changes.

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3. Spend time with them: You have more time now than you will once the baby is born, so take advantage. Spending quality time is always important, but it is especially essential when a transition period is approaching. You can plan family outings or one-on-one time. Blocks of uninterrupted time with your kiddos now is important because it will not come by as often once the baby arrives.

What are some ways you prepared children to a new baby? Comment below!